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A & L Gardens - 250-499-5492

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2281 Agar Rd

Cawston, BC

VOX ICO

Regions Supplied: Kootenay Lower mainland Thompson okanagan Vancouver island

Company Notes:

We have been growing organically since 1997 and have worked on other organic farms since 1989. We have been growing specialty items for a number of years. We can grow items if we are contacted early in the year. Many items are started in our own greenhouse.

Products Available:

Hot and Sweet Peppers - Summer

Mixed varieties. Available July-October.

Baby Zucchini - Fall Summer

Mixed varieties 10 lb case.

Fresh Herbs - Fall Summer

Basil, oregano, chives, thyme and sage

Grape and Cherry Tomatoes - Fall Summer

Mixed varieties

Nugget Potatoes, Red and White - Spring

Available the first two weeks of June

Tomatoes - Roma and Field - Fall Summer

Available August - October

Winter Squash - Fall

Mixed varieties

Eagle River Organics - 250-836-4333

Contact: Linda Kucera/WM.Dyck

Toll Free:

Phone: 250-836-4333

Cell:

Fax:

Email:

Website:

Address:

1754 Trans Canada Hwy.

Sicamous, BC

V0E 2V1

Regions Supplied: Kootenay Lower mainland Thompson okanagan

Company Notes:

Eagle River Organics is a 10-acre farm with six acres in gardens with a large variety of organic vegetables. For markets and quantity buyers with quality as our number one priority.

Products Available:

Sugar Pie Pumpkins - Fall Winter

400 - 500 lbs. Fall harvest; average size 7" diameter. Excellent for cooking and stores well.

Beets - Fall Summer

5000 lbs. - Available starting August. Early Wonder Beet - Globe-shaped, bunching beets, excellent taste and colour. Cylindra Beet - Great for slicing and dicing; good storage.

Carrots - Fall Summer

5000 - 10,000 lbs available starting August 15th. Excellent flavor, sweetness and texture that holds long into storage.

Fingerling Potatoes - Fall Summer

2500 - 3000 lbs - Specific siling. Available July 15th (approximately).

Grapes - Fall Summer

Table grapes - Candice and Coronation varieties available. Excellent sweet flavour.

Parsnips - Fall Spring Winter

2000 lbs - Available October through to March; sweet taste. Specific sizing at start of season.

Salsify - Fall

500 lbs. Delicious flavour; fall harvest.

Sunchokes - Fall

500 lbs - Fall harvest, excellent for cooking.

Iron Gates Natural Farm & Pottery - 250-453-2273

Contact: Jan Krueger

Toll Free:

Phone: 250-453-2273

Cell:

Fax:

Email: jankrueg@telus.net

Website:

Address:

Box 855

Ashcroft, BC

V0K 1A0

Regions Supplied: Lower mainland Thompson okanagan

Company Notes:

Most of our squashes and melons are grown from seeds collected by Native Seeds/Search of Tuscon, Arizona or the Seeds of Change organization. Our focus is in crops that have adapted to our northern growing conditions and have unique qualities of flower and storability.

Products Available:

Melons - Heirloom - Fall

Black Mountain watermelon: a black, red-fleshed watermelon. Sweet Siberian watermelon: an elongated, yellow-fleshed watermelon. Santo Domingo deep ribbed: a large, heavy, orange-fleshed melon, green to light yellow coloring, excellent rich melon flavour and aromatic. Oka melon: a Canadian heirloom from the Montreal area. Deep-ribbed, netted skin with orange, very sweet flesh and very aromatic. Banana melon: elongated, orange-fleshed melon with a green skin, on trial this year. Emerald gem melon: light-green, slightly netted skin with orange flesh, on trial this year. Prescott Fond Blanc melon: a deep-ribbed, warty-surfaced melon with orange flesh, on trial this year. Charentais melons.

Apples - Fall

Mackintosh, Gravenstein, Transparent, Gala, Kings, Bramley, Empire, Wealthy, Sunrise, Belle de Boscoop, Spartan, Roxbury Russet, Newtown Pippin

Beans - Summer

Green and Yellow Beans

Beets - Fall Summer

Firnabiva Beets (cylindrical beet, very sweet flavour and a good keeper)

Butter Lettuce - Spring Summer

Butter Lettuce

Carrots - Fall Summer

Nantes and Touchon Deluxe Carrots

Corn - Fall

Golden Jubilee corn

Cucumber - Fall

Armenian Cucumber: a long, thin, lime-green cucumber having an edible skin and mild flavour.

Fruits - Fall Spring Summer

Raspberries, Red and Black Currants, Nanking Cherries (a small red or white, semi-sweet cherry). Make excellent jams and sauces, whites look like large pearls. Bing and Van cherries, Apricots, Peaches, Green Gage Plums, Japanese Plums (small red plum with an orange flesh), Bartlett Pears.

Garlic - Fall

Italian Red garlic, hard necked; Chesnook garlic, hard necked; Georgian Fire garlic, hard necked; Russian Red garlic, hard necked; Lorz Italian garlic, soft necked; German red garlic, hard necked (in development, available in 2006).

Onions - Fall

Utah White onion (large, sweet white onion that is also used as a green onion when young), Utah Yellow onion (large, sweet yellow onion), Red Whitherspoon onion (flattened sweet red onion), Egyptian onion (a top setting onion, small in size, used as a shallot, pink colour when peeled, pungent when raw.) All onion varieties are good keepers.

Peas - Summer

Sugar and Standard Peas

Peppers - Fall

Buran (a medium sized pepper with a tender skin and sweet flesh); Napoleon Sweet (a larger sweet pepper); Lemon Drop (a hot, small yellow pepper); Cyklon (an elongated, hot red pepper).

Potatoes - Fall Summer

White Rose potato (fine textured potato having an elongated shape, much favoured by European customers in the West End farm market). Victoria yellow potato.

Spinach - Summer

Spinach

Squashes - Heirloom - Fall

Early Canadian Crook Necked Squash: a yellow, warty-surfaced, summer squash that doesn't cook down to mush. Penasco: a flattened, white to bluish, hard skinned Hubbard-like squash, fine textured and sweet. Average weight 15 lbs (heirloom). Mayo Blusher: a bluish, elongated squash with pinkish or orange colouring washing over the undercolour. Fine-textured with a flavour similar to sweet potato. Average weight 15-20 lbs (heirloom). Fordhook Acorn: a buff-coloured acorn-type squash. Guatemalan Blue Banana squash: an elongated, bluish-coloured squash (heirloom). Thelma Sanders Sweet Potato squash: a teardrop-shaped squash (heirloom). Kobacha: a buttercup-style squash with dense flesh and small seed cavity. True Pie Pumpkin, 4-7 lb: pumpkin that has a dense flesh that makes superior pumpkin purees (heirloom). Guatamala Blue Banana Squash: a large, dark orange-fleshed sqash having a cylindrical shape (heirloom). Spaghetti squash.

Tomatoes - Fall

Black from Tula (a greenish, black to purple tomato having a fantastic flavour); Cherokee Purple (a greenish, purple tomato with great flavour); Brandywine (a large-sized red tomato with great flavour).

North Arm Farm - 604-894-5379

Contact: Jordan Sturdy

Toll Free:

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Address:

1888 Hwy 99, Box 165

Pemberton, BC

V0N 2L0

Regions Supplied: Lower mainland

Company Notes:

North Arm Farm Products are grown with organic fertilizer and use organic production methods, including cover cropping and crop rotation. We do not use herbicides, pesticides or fungicides.

Products Available:

Fruit Vinegars - Year Round

Celeriac - Fall Winter

A root vegetable that is available October - April.

Pickled Vegetables - Year Round

Beets, carrots, beans and asparagus.

Preserves - Year Round

Various types available.

Specialty Potatoes - Fall Spring Winter

Fingerling, Blue, Yukon, and Candy Cane. Available September to April.

Various Bakery Products - Year Round

Fruit pies, bars, scones, muffins, cookies, butter tarts and specialty breads. Call for availability.