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# Company results for 'Meat' under 'Lower mainland'

## BC St. Croix Farms - 604-823-4833

**Contact:** Brian Chwiendacz  
**Toll Free:**  
**Phone:** 604-823-4833  
**Cell:**  
**Fax:** 604-823-4822  
**Email:** bcstcroix\_@telus.net  
**Website:**

**Address:**  
4175 Eckert St.  
Chilliwack, BC  
V2R 5J6

**Regions Supplied:** Lower mainland

### **Company Notes:**

"Leanest, mildest and best tasting lamb money can buy." Our farm produces and raises the safest, highest quality, young hair sheep and meat lambs.

St. Croix meat is mild tasting with superior flavour, tender and naturally lean due to the genetics of the breed. Also due to genetics, St. Croix sheep are the only breed in the world that has never tested positive for scrapie.

### **Products Available:**

#### Lamb - Year Round

Lowest in cholesterol and highest in cancer-preventing linac acid. We do NOT use any growth enhancers or medicated feeds, and we do NOT use any inoculants of any kind. Our market meat lambs have never been touched with a needle.

## Big Bear Ranch - 250 620 3353

**Contact:** Rainer & Gigi Krumsiek  
**Toll Free:**  
**Phone:** 250 620 3353  
**Cell:**  
**Fax:** 250 620 3393  
**Email:** [info@bigbearranch.com](mailto:info@bigbearranch.com)  
**Website:** <http://www.bigbearranch.com>

**Address:**  
Box 128  
Horsefly, BC  
V0L 1L0

**Regions Supplied:** Cariboo Lower mainland

**Company Notes:**  
Humane animal handling and management intensive grazing.

### Products Available:

#### Organic Turkey - Year Round

PACS #16-250, certified organic, Broad Breasted Bronze Turkeys who grow up free roaming. Order by February 28th for your turkey!

#### Organic Beef - Year Round

PACS #16-250, certified organic, grass-finished beef from Galloway/Angus cross cows. Processed at Rodear Meats.

#### Organic Pork - Year Round

PACS #16- 250, certified organic, pasture-raised pork from Tamworth/Duroc cross pigs. Processed at Rodear Meats.

These pigs live in big pastures and are supplementally fed certified organic peas. Pigs can be pigs on Big Bear Ranch!

## Campbell's Pheasantry - 604-856-4375

**Contact:** Carol Wunderlich  
**Toll Free:**  
**Phone:** 604-856-4375  
**Cell:**  
**Fax:** 604-856-4375  
**Email:** ccwunderlich@shaw.ca  
**Website:**

**Address:**  
7902 Satchell Street  
Abbotsford, BC  
V4X 2B4

**Regions Supplied:** Lower mainland Thompson okanagan Vancouver island

### Company Notes:

Campbell's Pheasantry has been growing free range pheasant, our own brand, since 1976, right here in Abbotsford, B.C. Our birds are grown outdoors in flight pens, given no antibiotics or growth hormones, and fed a totally vegetable diet (which contains no animal by-products). Exclusive distributor is Hills Foods of Coquitlam, 604-472-1500, servicing local markets, Vancouver Island, B.C. Interior, and throughout Canada. Calls or visits from chefs and buyers are gladly accepted at the farm, and we're always happy to answer questions.

### Products Available:

#### Free Range Pheasants - Fall Winter

Whole or specialty cuts, fresh or fresh-frozen. Available year round, with fresh season being September through February. Campbell's Pheasant is antibiotic and growth hormone free. Our pheasants are grown outdoors (not in barns) on an all-vegetable diet. They are described as the wildest tasting farmed pheasant around.

## Copeland Foods Ltd. - 604-946-7581

**Contact:** Vinay Bahia

**Toll Free:**

**Phone:** 604-946-7581

**Cell:**

**Fax:** 604-946-7570

**Email:** info@copelandfoods.com

**Website:**

**Address:**

8 - 7550 River Road

Delta, BC

**Regions Supplied:** Kootenay Lower mainland North coast Peace Thompson okanagan

**Company Notes:**

Gourmet dinners, snacks, marinades and seasonings

**Products Available:**

Soup Stock - Year Round

Meat Pies - Year Round

Pepperoni and cheese meat pies

## E-Fish-Ent Fish Company - 250 642 4007

**Contact:** Bryan Mooney

**Toll Free:**

**Phone:** 250 642 4007

**Cell:**

**Fax:** 250 642 4057

**Email:** bryan@e-fish-ent.ca

**Website:** <http://www.e-fish-ent.ca>

**Address:**

1941 Goodridge Rd

Sooke, BC

V0S 1N0

**Regions Supplied:** All of BC

### Company Notes:

E-Fish-Ent Fish Company Ltd. is a seafood processing business located on the West Coast of Vancouver Island in beautiful British Columbia, Canada. Our plant is federally licensed and inspected. An ongoing testing and sampling program by the Canadian Department of Fisheries and Oceans is in place for quality control (HACCP). Our products are of an all-natural origin without any added preservatives or artificial substances. Our salmon fillets are handled with utmost care, using the best ingredients available. All of our fish have been individually selected, hand cut, and hand packaged. We strive to maintain the highest possible standards. The salmon is smoked with locally grown wood for a great smoke flavor in the traditional style of the Canadian West Coast. Custom processing: We have a specialty processing and canning facility where we are able to prepare and thermally process fruits, vegetable sauces, meats or seafood. We are primarily interested in doing custom processing work and do very little in direct sales. Please see our website for more information or give us a call.

### Products Available:

#### Smoked Salmon Pate - Year Round

Our Smoked Salmon Pate is fresh-frozen and vacuum packed.

#### Salmon Candy - Year Round

Salmon candy is a thick strip of salmon, which has been salted and sweetened and then smoked, creating a chewy sweet delicacy. Awesome treat! Product is fresh-frozen and vacuum packed.

#### Smoked Salmon - Year Round

It is smoked salmon, preserved in its own juices in a flexible gold foil "can," and needs no refrigeration until opened. These retort packages are great gifts and can be mailed around the world. They have a shelf life of at least five years. 4 oz, 8 oz Pink or Sockeye foil packs are available.

## First Nature Farms - 780-356-2285

**Contact:** Jerry Kitt

**Toll Free:**

**Phone:** 780-356-2285

**Cell:**

**Fax:**

**Email:** [jkitt@telusplanet.net](mailto:jkitt@telusplanet.net)

**Website:** <http://www.firstnaturefarms.ab.ca>

**Address:**

Box 123

Goodfare, AB

T0H 1T0

**Regions Supplied:** Lower mainland Peace

### Company Notes:

First Nature Farms has been providing certified organic meats to restaurants and retail markets in Vancouver for the past 12 years. The farm is located along the BC border up in the Peace Country and has been certified organic since 1990. Operated as an ecological reserve, First Nature Farms is home to many endangered species including trumpeter swans, grizzly bears, and river otters. The goal has always been to protect and enhance its natural biodiversity.

### Products Available:

#### Merriam's Wild Turkey - Year Round

Certified Organic Merriam's Wild Turkey PACS 16-128

#### Organic Beef - Year Round

Certified Organic Beef - PACS 16-128

#### Organic Bison - Year Round

Certified Organic Bison - PACS 16-128

#### Organic Pork - Year Round

Certified Organic Port PACS 16-128

#### Organic Turkey - Year Round

Certified Organic Turkey PACS 16-128



## Forest to Fork - 250-732-2063

**Contact:** Brenda Cadieux

**Toll Free:**

**Phone:** 250-732-2063

**Cell:**

**Fax:**

**Email:** [info@foresttofork.com](mailto:info@foresttofork.com)

**Website:** <http://www.foresttofork.com>

**Address:**

Unit 113 - 1175 Rosehill Road

Kamloops, BC

V2E 1G9

**Regions Supplied:** All of BC

**Company Notes:**

All mushrooms collected in the pristine forests of BC. Recipes developed and created since 1989 and hand made. Please see our website for more information.

**Products Available:**

**Dried Wild Mushrooms - Year Round**

22 varieties (ie, Chanterelle, Morel, Lobster, Pine, Boletus). Sold in packages and loose quantities. Packages contain dried herbs added to mushroom base.

**Preserved Mushrooms - Year Round**

Preserved mushrooms in oil and wine vinegar, all laboratory tested. They come in jar and boxed sets.

**Wild Morel Mushroom Bisques, Soups and Sauces - Year Round**

Can specify product for consumption.

**Wild Mushroom Marinade Vinaigrette - Year Round**

**Wild Mushroom Pate - Year Round**

Dairy based, dried with instructions on the back, ready to use or in dried form. Pate can be specified with 22 different varieties of mushrooms.

## Fraser Valley Duck & Goose Ltd. - 604-823-4435

**Contact:** Randi Dueck  
**Toll Free:**  
**Phone:** 604-823-4435  
**Cell:**  
**Fax:** 604-823-4306  
**Email:** randi@twinmaple.com  
**Website:** <http://www.fvdg.com>

**Address:**  
4540 Simmons Road  
Chilliwack, BC  
V2R 4R7

**Regions Supplied:** Lower mainland Thompson okanagan Vancouver island

### Company Notes:

Fraser Valley Duck & Goose Ltd. was founded in 1981. It was purchased in 1998 by the Twin Maple Group of Companies out of Abbotsford, BC. The farm and processing facilities are family owned and operated, and we control every aspect of the business from breeding to shipping to ensure the highest quality birds and finest service available.

Fraser Valley Duck & Goose is the premiere supplier of "The freshest duck in town" to the BC marketplace. Virtually every part of the duck is marketed; the main products being whole and duck pieces. Duck is a healthy, heart-smart, choice for every day dining. It's not just for special occasions anymore! you can enjoy duck in a variety of easy-to-serve recipes at home. Experience each tender, juicy bite, full of rich, mouth-watering flavour. Please check our website or call our store for a complete list of products available.

"Give chicken a break, eat duck!"

### Products Available:

#### Duck Pieces - Year Round

Boneless duck breasts, bone-in duck breasts, duck leg quarters, duck legs, and duck wings. Many other duck pieces are available. Please contact our store or visit our website for more information. All duck pieces are packaged in either bulk or Cryovac packaging.

#### Grade "A" Ducks - Pekin - Year Round

Available in the following sizes: 1.80 kg (4 lb) - 2.60 kg (5.75 lb). This product may be ordered fresh or frozen. Packaging may be bulk or Cryovac packaging.

#### Grade "A" Geese - Embden - Fall Summer

Available in the following sizes: 3.25 kg (7 lb) - 7 kg (15.50 lb). This product may be ordered fresh or frozen. All product is packaged in Cryovac packaging.

## Galloping Goose Sausage Company - 250 474 5788

**Contact:** Johan Wessels/Kate Wallace

**Toll Free:**

**Phone:** 250 474 5788

**Cell:**

**Fax:** 250 474 5788

**Email:** [sausage@islandnet.com](mailto:sausage@islandnet.com)

**Website:** <http://www.islandnet.com/sausage>

**Address:**

4484 Lindholm Road

Victoria, BC

V9C 3Y1

**Regions Supplied:** Lower mainland

**Company Notes:**

Producer of tasteful, healthy sausages and dried meat.

**Products Available:**

**Biltong-Dried Bison or Beef Meat - Year Round**

Trimmed of all fat. No preservatives. Healthy snack.

**Beef or Bison Sausages - Year Round**

20 varieties of flavourful, low-fat sausages, hand linked with natural casings.

## Gelderman Farms - 604-864-9096

**Contact:** Jerry Gelderman

**Toll Free:**

**Phone:** 604-864-9096

**Cell:**

**Fax:** 604-864-9096

**Email:** jageld@shaw.ca

**Website:** <http://www.geldermanfarms.ca>

**Address:**

35805 Vye Road

Abbotsford, BC

V3G 1Z5

**Regions Supplied:** Lower mainland

**Company Notes:**

Our pigs are raised in large pens, bedded on sawdust in naturally ventilated barns. Because of this we have more marbling which enhances the flavor of the meat. No growth hormones, no therapeutic antibiotics in the feed. We offer a wide variety of pork products - chops, roasts, hams, ribs, bacon, farmer sausage, smokies, breakfast sausage. With advance notice, we can customize orders or cuts to suit your needs.

**Products Available:**

**Pork - Year Round**

Wide Variety of Pork Products: Chops, Roasts, Hams, Ribs, Bacon, Farmer Sausage, Smokies, and Breakfast Sausage

## Happy Pig Organic Farm - 250 846 5989

**Contact:** Marlene Thimer

**Toll Free:**

**Phone:** 250 846 5989

**Cell:**

**Fax:**

**Email:** happypigorganicfarm@gmail.com

**Website:**

**Address:**

21641 Walcott Road

Telkwa , BC

V0J 2X2

**Regions Supplied:** All of BC Bulkley nechako North coast

### **Company Notes:**

Happy Pig Organic Farm is a family owned small scale certified organic farm on 320 acres in the Bulkley Valley near Smithers, BC. All of our animals are pasture raised so that they can root, scratch and peck as nature intended.

### **Products Available:**

#### pasture raised Turkey - Fall

Certified Organic, pasture raised Turkey, PACS 16-466

Available Seasonally

#### Pasture raised Berkshire Pork - Year Round

Certified Organic, pasture raised Berkshire pork, PACS 16-466. Available throughout the year.

#### Pasture raised Chicken - Fall Summer

Certified Organic, pasture raised Chicken, PACS 16-466

Available Seasonally

## Holly Hill Farm - V9G 1C1

**Contact:** Penny Stapleton

**Toll Free:** 250-713-1984

**Phone:** V9G 1C1

**Cell:**

**Fax:** 250-245-9557

**Email:**

**Website:** hollyhillfarm@telus.net

**Address:**

3038 Hill Rd , Ladysmith

BC

**Regions Supplied:** Lower mainland Vancouver island

**Company Notes:**

<http://www.hollyhillfarmlamb.net>

**Products Available:**

## Hopcott Premium Meats - 604-465-7799

**Contact:** Lance Rowell

**Toll Free:**

**Phone:** 604-465-7799

**Cell:**

**Fax:** 604-465-7731

**Email:**

**Website:** <http://www.hopcottmeats.ca>

**Address:**

18385 Old Dewdney Trunk Road

Pitt Meadows , BC

V3Y 2R9

**Regions Supplied:** Lower mainland

### **Company Notes:**

Loca Beef available l-from our farm, Healthy-no hormones & antibiotics, Tender-dry aged 28 days, Quality "AAA" product - raising beef for 3 generations.

We also offer quality, local grocery items as well and local freshly picked vegetables available seasonally grown on our farm.

### **Products Available:**

#### **Deli products - Jerky, Sausage, Deli Meats - Year Round**

We have our own smokehouse, where we make pepperoni, sausage, deli meats, jerky etc. All made with our specialty beef, chicken and pork. Very low fat

#### **Beef - Year Round**

Specialty beef, from our farm. No hormones, antibiotics, and all veg. fed. Dry-aged 28 days resulting in ultimate tenderness.

#### **Specialty Chicken - Year Round**

We offer Specialty Chicken available from small local farms. No hormones, antibiotics, and all vegged.

#### **Specialty Port Cuts -**

We offer Specialty Pork available from small local farms. No hormones, antibiotics, and all vegged.

## J & K Poultry Ltd. - 604-253-8292

**Contact:** Scott Barrett  
**Toll Free:**  
**Phone:** 604-253-8292  
**Cell:**  
**Fax:** 604-253-3110  
**Email:** jkpoultry@telus.net  
**Website:** <http://www.jkpoultry.com>

**Address:**  
771 East Cordova Street  
Vancouver, BC  
V6A 1M2

**Regions Supplied:** Lower mainland

### Company Notes:

J & K Poultry specializes in servicing Vancouver's fine hotels, restaurants, pubs, meat markets, and fund-raising groups. We are centrally located near the downtown core, which enables us to meet our customers' needs promptly and efficiently. We feel our customers continue to do business with us because we understand how to meet their exacting product and service requirements. J & K Poultry is an environmentally-conscious company. We currently supply plastic totes to many of our customers, and we recycle all of our cardboard materials. We welcome your inspection of our modern plant at any time. Please see our website for more information.

### Products Available:

#### Quail - Year Round

Quail Breast BL WJO - Frozen;  
Quail BL (Small) - Frozen;  
Quail BL Sleeved - Fresh;  
Quail Eggs - Fresh;  
Quail Large Whole - Fresh;  
Quail Large Whole - Frozen;  
Quail Small Whole - Frozen;  
Quail BL - Frozen.

#### Chicken - Breasts - Year Round

Bone-in; Bone-in Split; Bone-in SL; Bone-in WJO; Fronts (whole wing on); Breast BL; Breast BL/SL (sized); Breast BL/SL (random); Breast BL/SL (tender out); Breast BL WJO. All available.

#### Chicken - Cordon - Year Round

Cordon Canadiana - Broccoli

#### Chicken - Satay, Souvlaki, Stirfry, Diced, Combo - Year Round

Chicken Satay Stick 1-1/2 oz (Chicken Tender); Chicken Satay Stick 1 oz (Chicken Tender); Chicken Satay Stick 2 oz (Chicken Tender); Chicken Satay Stick 3 oz (Chicken Tender); Chicken Satay Stick 4 oz (Chicken Tender); Chicken Satay Stick 5 oz (Chicken Tender); Chicken Satay Stick 6 oz (Chicken Tender); Chicken Souvlaki Stick Dark Meat 1 oz; Chicken Souvlaki Stick Dark Meat 2 oz; Chicken Stirfry/Fajita Combo; Chicken Stirfry/Fajita - Dark Meat; Chicken Stirfry/Fajita - White Meat; Diced Chicken Combo (White)



## Chicken Fryers - Year Round

Fryer Grade • Large;  
Fryer Grade • Small;  
Fryer Split Large;  
Fryer Split Small;  
Fryer 12 - Cut Large;  
Fryer 12 - Cut Small;  
Fryer 10 - Cut Large;  
Fryer 10 - Cut Small;  
Fryer 9 - Cut Large;  
Fryer 9 - Cut Small;  
Fryer 8 - Cut Large;  
Fryer 8 - Cut Small;  
Fryer 4 - Cut Large;  
Fryer 4 - Cut Small;  
Fryer Small Semi-Deboned.

## Chicken Parts - Year Round

Chicken Leg Bone-in;  
Chicken Leg Bone-in Split;  
Chicken Leg Bone-in SL;  
Chicken Leg BL;  
Chicken Leg BL/SL;  
Chicken Leg Bone-in, Back Attached;  
Chicken Drumsticks;  
Chicken Thigh Bone-in;  
Chicken Thigh Bone-in SL;  
Chicken Thigh BL;  
Chicken Thigh BL/SL;  
Chicken Thighs 4 - Cut BL/SL;  
Chicken Wings Whole;  
Chicken Wings Middles;  
Chicken Wings Split;  
Chicken Drumettes;  
Ground Chicken Combo (50-50) Blend;  
Ground Chicken Dark Meat;  
Ground Chicken White Meat;  
Chicken Liver;  
Chicken Hearts;  
Chicken Breast Bones;  
Chicken Back

## Cornish Game Hen - Year Round

Cornish Game Hen 1 lb - Frozen;  
Cornish Game Hen 1 lb - Fresh;  
Cornish Game Hen BL 16 oz - Fresh;  
Poussin Whole - Fresh;  
Poussin Whole - Frozen;  
Poussin Whole BL - Fresh;  
Cornish Game Hens Stuffed BL - Frozen;  
Cornish Game Hens Split - Fresh;  
Cornish Game Hens Split - Frozen;  
Cornish Game Hens - Fresh;

Cornish Game Hens - Frozen;  
Cornish Game Hen BL Breast - Fresh;  
Cornish Game Hen (Whole Deboned) - Fresh.

#### Fraser Valley Duck - Year Round

Whole Local Fraser Valley Duck - Fresh;  
Whole Local Fraser Valley Duck - Frozen;  
Whole Wenzel Duck - Frozen;  
Duck Breast Bone-in - Fresh;  
Duck Breast BL - Fresh;  
Duck Breast BL - Frozen;  
Duck Breast BL WJO - Fresh;  
Duck Breast BL WJO - Frozen;  
Duck Breast BL Tumbled - Frozen;  
Duck Leg Bone-in - Fresh;  
Duck Leg Bone-in - Frozen;  
Duck Leg BL/SL - Fresh;  
Duck Leg BL - Fresh;  
Duck Leg Thigh Bone-out - Fresh;  
Duck Back

#### Geese, Goose - Year Round

Geese Whole Grade "A" - Fresh;  
Geese Whole Grade "A" - Frozen;  
Goose Breast Margrey Smoked - Frozen.

#### Guinea Hens - Year Round

Guinea Hens - Fresh;  
Guinea Hens - Frozen;  
Guinea Hen BL Breast WJO 7.25 - Fresh;  
Guinea Hen BL Breast WJO 7.25 - Frozen.

#### Non-Med Specialty Chicken - Year Round

Non-Med Fryer Whole - Frozen;  
Non-Med Fryer Whole - Fresh;  
Non-Med Split Fryer - Fresh;  
Non-Med Utility Fryer Whole - Fresh;  
Non-Med Front Halves - Fresh;  
Non-Med BL Chicken Breast;  
Non-Med BL Chicken Breast WJO - Frozen;  
Non-Med BL Chicken Breast WJO - Fresh;  
Non-Med Legs BL/SL - Frozen;  
Non-Med Legs BL/SL - Fresh;  
Non-Med Legs - Frozen;  
Non-Med Legs - Fresh;  
Non-Med Chicken Back

#### Partridge - Year Round

Partridge Whole - Fresh;  
Partridge Whole - Frozen.

#### Pheasant - Year Round

Pheasant Breast BL WJO 5/6 oz - Frozen;

Pheasant Breast BL WJO 6/7 oz - Frozen;  
Pheasant Breast BL WJO 7/8 oz - Frozen;  
Pheasant Back

#### Rabbit - Year Round

Rabbit Bones - Frozen;  
Rabbit Hind Quarter - Frozen;  
Rabbit Whole - Fresh;  
Rabbit Whole - Frozen;  
Rabbit Saddles - Frozen.

#### Silkies - Poultry - Year Round

Silkies Whole - Fresh;  
Silkies Whole - Frozen.

#### Squab - Poultry - Year Round

Squab Whole - Fresh;  
Squab Whole - Frozen;  
Squab Breast BL WJO - Fresh.

#### Turkey - Year Round

Whole Grade A Turkey - Fresh;  
Whole Grade A Turkey - Frozen;  
Whole Grade A Turkey Hen - Fresh;  
Whole Grade A Turkey Hen - Frozen;  
Whole Grade A Turkey Tom - Fresh;  
Whole Grade A Turkey Tom - Frozen;  
Line Run Turkey - Frozen;  
Line Run Turkey - Fresh;  
Whole Utility Turkey Over-11 kg - Fresh;  
Whole Utility Turkey Over-11 kg - Frozen;  
Whole Deboned Turkey - Fresh;  
Banquet Style Semi-Deboned Turkey;  
Bone-in Turkey Breast WJO, BL Legs

#### Wide Variety of Chicken Parts - Year Round

Chicken Breaded Breast Fillet;  
Cooked ½ Diced Chicken;  
Cooked ¼ Diced Chicken;  
Cooked ¾ Diced Chicken;  
Chicken Fingers Fully Cooked;  
Chicken Fingers Pan Fried;  
Chicken Tasty Strips;  
Chicken Fingers Pan Fried;  
Cooked Hot

## J. Beethoven's Corned Beef Ltd. - 604 858-5104

**Contact:** Michael Vitow  
**Toll Free:**  
**Phone:** 604 858-5104  
**Cell:**  
**Fax:** 604-858-5104  
**Email:** bobv33@shaw.ca  
**Website:**

**Address:**  
7-4125 Columbia Valley Hwy.  
Cultus Lake, BC  
V2R 5B7

**Regions Supplied:** Lower mainland

### **Company Notes:**

J. Beethoven's Corned Beef often gets compared to that which is offered at the Carnegie Deli in New York and Schwartz's in Montreal. I am a native New Yorker. My product is strictly hands on, non injected, tender and flavourful. The briskets are cured in barrels and turned every few days for a two-week period before they are cooked.

### **Products Available:**

#### **J. Beethoven's Corned Beef - Year Round**

Corned beef brisket, fully cooked, that is sold to various restaurants and hotels in the Vancouver area. It is an artisan, hands-on product that sits in a brine for two full weeks before being steamed in a baker's oven. I use only Alberta beef and a generous amount of whole pickling spice. I do not inject my product and cook it to the proper point of tenderness so that it is not rubbery, but falls apart as brisket should.

## JD Farms Specialty Turkey - 604-856-2431

**Contact:** Jack Froese

**Toll Free:**

**Phone:** 604-856-2431

**Cell:**

**Fax:** 604-856-2437

**Email:** [turkey@jdfarms.net](mailto:turkey@jdfarms.net)

**Website:** <http://www.jdfarms.net>

**Address:**

24726 52nd Avenue

Langley, BC

V2Z 1E2

**Regions Supplied:** Lower mainland Thompson okanagan Vancouver island

**Company Notes:**

J.D. Farms is a family-owned business specializing in turkeys grown without antibiotics and without animal byproducts in the feed. Certified JD Specialty Turkeys by J.R. Consulting. Available fresh at Easter, Thanksgiving and US Thanksgiving and Christmas. Frozen throughout the year. Available in the 11 to 16 lb sizes (we only produce turkey hens as they tend to have the best flavour). Available in Grade A or Utility Grade (Utility means missing a part; meat quality is the same).

**Products Available:**

Certified JD Specialty Turkeys - Fall Spring Summer Winter Year Round

Turkeys grown without antibiotics and without animal byproducts in the feed. Certified JD Specialty Turkeys by J.R. Consulting. Available fresh at Easter, Thanksgiving and US Thanksgiving and Christmas.

# Jerseyland Organics - 250-442-8112

**Contact:** Ric or Vickie Llewellyn  
**Toll Free:**  
**Phone:** 250-442-8112  
**Cell:**  
**Fax:**  
**Email:** jerseyland@telus.net  
**Website:** <http://www.jerseylandorganics.com>

**Address:**  
2690 Almond Gardens Road, P.O. Box 1468  
Grand Forks, BC  
V0H 1H0

**Regions Supplied:** All of BC

## Company Notes:

Jerseyland was BC's first organic dairy producer and on-farm processor. Jerseyland developed BC's first organic yogurts and is still produces the only non-homogenized (cream at the top) yogurt available from BC. We are an ethical producer. Our farming practices are humane, environmentally friendly, the way farms should be run in an "ideal world." We are located in the The Boundary district just east of the Okanagan in the "hot" interior dry belt. Our cheeses contain no "microbial enzymes" as these are generally genetically modified food ingredients, and we do not use them.

## Products Available:

### Certified Organic Angus Beef - Year Round

Jerseyland is certified organic and certified by the BCSPCA for humane practices. All Jerseyland beef is "grass finished". No animals are ranged on public lands - thus not damaging wildlife habitat or riparian areas. Jerseyland beef is slaughtered in a provincially licenced abattoir. CFIA-inspected carcasses are cut and wrapped on customers' specific requests. Limited cuts are available in inventory (frozen only)

### Creme Fraiche ( Sour Cream ) - Year Round

34% bf 100% Jersey cream (non-homogenized ) - pasteurized cream. Special order only.

### Organic Butter - Year Round

Bulk 2.2 kgs blocks (service industry) This is "real," handmade farm butter, no water added, salted or unsalted. Rich yellow colour from the Jersey cream - used exclusively by chefs for its distinct flavour. Can be limited availability due to market demand.

### Organic Cheddar Cheese - Year Round

Mild, medium and limited amounts of aged organic cheddar in bulk in 10 kg blocks, deli blocks or retail. 250 g packages ( pre-priced or unpriced ). White plain cheddar or Leicester cheddar available. Flavoured cheddar - Onion

### Organic Feta Cheese (Cow's Milk ) - Year Round

Canada's only organic feta available in bulk 10 kg blocks, or retail packaged.

We "age" our feta for a more distinct flavour. Available in plain or sundried tomato/oregano/onion mixed, packaged in brine.

### Organic Gouda Cheese - Year Round

Mild and medium available in bulk 10 kg blocks, deli blocks or retail packaging.

Available in plain. Flavoured Goudas - Garlic

### Organic Grana Cheeses - Year Round

Parmesan or Asiago which are both raw milk cheeses. Available generally in mild, medium or aged, bulk 10 kg blocks, deli blocks or retail packaged. Distinct award-winning cheeses.

### Organic Yogurts - Year Round

Available in 5% non-homogenized Plain or Low Fat (.3% bf) 4 litre pails, 1 kg (1 litre), 500 ml or 175 ml. Flavours available - French Vanilla (real organic vanilla extract, non-artificial), strawberry, blueberry.

## Johnstons Butcher Shop - 604-824-1985

**Contact:** Mat Ball

**Toll Free:**

**Phone:** 604-824-1985

**Cell:**

**Fax:** 604-824-1986

**Email:** johnstonsbutcher@shawbiz.ca

**Website:**

**Address:**

7339 Vedder Road

Chilliwack, BC

V2R 3V4

**Regions Supplied:** Kootenay Lower mainland Thompson okanagan

### Company Notes:

Johnstons Butcher shop uses local products, paying close attention to detail and quality. We have a wide variety of fresh and smoked products. We are most recognized for our Double Smoked Hams, Jerky, Bacon and Farmer Sausage. We also offer custom processing to meet specific specialty needs.

### Products Available:

#### Custom Sausage Making - Year Round

Custom cutting, curing, sausage making, packaging and labelling available. We excel at providing unique customer service.

#### Double Smoked Bacon - Year Round

Regular, Garlic, European and Gammon. Back Bacon also available.

#### Double Smoked Buffalo Farmer Sausage - Year Round

10% pork added, still exceptionally lean.

#### Double Smoked Farmer Sausage - Year Round

Pork, regular, garlic and RTE available.

#### Double Smoked Ham - Year Round

Bone-in and Boneless. Available whole or in portions.

#### Double Smoked Jerky - Year Round

Peppered or regular. Available in bulk, .15 lb or .05 lb packages.

#### Double Smoked Smokies - Year Round

RTE, 100 g portions available in pork or buffalo.



## K & M Farms - 604.857.8912

**Contact:** Mark Robbins

**Toll Free:**

**Phone:** 604.857.8912

**Cell:**

**Fax:** 604.857.8916

**Email:** kmfarms@shaw.ca

**Website:** <http://www.members.shaw.ca/kmfarms>

**Address:**

28494 Maclure Road

Abbotsford, BC

V4X 1L4

**Regions Supplied:** Lower mainland

**Company Notes:**

K & M Farms raises turkeys and chickens like your grandmother did - the natural way. Outdoors, on pasture, with no antibiotics, growth hormones or meat byproducts. Available fresh the week before Thanksgiving and the week before Christmas.

**Products Available:**

**Pasture Raised Turkeys - Fall Spring Summer**

Fresh turkeys ( 14 - 28 lbs) raised on pasture with a grain supplement that does not include any antibiotics, hormones or animal byproducts. Available fresh the week before Thanksgiving and the week before Christmas. Call to pre-order. Available seasonally.

**Pasture Raised Chickens - Fall Spring Summer**

Pasture raised chickens. Heavy roasting chickens ( 5 - 8 lbs) raised on pasture with a grain supplement that does not include any antibiotics, hormones or animal byproducts. Available fresh 4 times a year from May to October. Call to pre-order. Frozen roasters and cut-up pieces - product available as supply lasts.

# Karin's Country Farm - 250-746-7191

**Contact:** Geoffrey & Karin Bruce  
**Toll Free:**  
**Phone:** 250-746-7191  
**Cell:**  
**Fax:** 250-746-7149  
**Email:** karinscountry@telus.net  
**Website:**

**Address:**  
3899 Gibbins Road  
Duncan, BC  
V9L 6E8

**Regions Supplied:** Lower mainland Vancouver island

## Company Notes:

Karin's Country Farm has been operating in the Cowichan Valley on Vancouver Island since 1993. Our products are made using only the finest of ingredients, and we take great pride in using meat only from ethically raised animals. You can find our sausage in most of the health food stores on Vancouver Island and Salt Spring Island and through SPUD on the Lower Mainland. Karin's Country Farm is in the process of expanding its product line to include chicken pies made with free run, free range and/or certified organic chicken; organic vegetables; and organic flour and chicken soups. Both will be available frozen; pies will be unbaked and ready for the oven, both single and family size. Soups will also be frozen. These products should be available later this year.

## Products Available:

### Chicken Sausage Rolls - Year Round

Sold unbaked and ready for the oven. Made with Karin's Country Farm Herb

### Chorizo Chicken Sausage - Year Round

Made with free run, free range and/or certified organic chicken, usually from British Columbia. A very spicy sausage, containing goodly amounts of paprika and cayenne. Sausages are hand made with no fillers. Recipes are unique to Karin's Country Farm, and spices are mixed on site. Available in 1 lb vacu-packed packages and bulk cases of approximately 6 kg. All product is sold frozen.

### Herb - Year Round

Made with free run, free range and/or certified organic chicken, usually from British Columbia. A fairly mild sausage with a bold garlic flavour. Sausages are hand made with no fillers. Recipes are unique to Karin's Country Farm, and spices are mixed on site. Available in 1 lb vacu-packed packages and bulk cases of approximately 6 kg. All product is sold frozen.

### Hot Italian Chicken Sausage - Year Round

Made with free run, free range and/or certified organic chicken, usually from British Columbia. A spicy sausage, great in pastas and other Italian dishes. Sausages are hand made with no fillers. Recipes are unique to Karin's Country Farm, and spices are mixed on site. Available in 1 lb vacu-packed packages and bulk cases of approximately 6 kg. All product is sold frozen.

### Maple Blueberry Chicken Sausage - Year Round

Made with free run, free range and/or certified organic chicken, usually from British Columbia. A great breakfast sausage made with dried blueberries and real Canadian maple syrup. Sausages are hand made with no fillers. Recipes are unique to Karin's Country Farm, and spices are mixed on site. Available in 1 lb vacu-packed packages and bulk cases of approximately 6 kg. All product is sold frozen.

## Mediterranean Chicken Sausage - Year Round

Made with free run, free range and/or certified organic chicken, usually from British Columbia. A very mild sausage with sun dried tomatoes, parsley and a hint of garlic. Sausages are hand made with no fillers. Recipes are unique to Karin's Country Farm, and spices are mixed on site. Available in 1 lb vacu-packed packages and bulk cases of approximately 6 kg. All product is sold frozen.

## Katissa Poultry - 604-541-0007

**Contact:** Chris Delight

**Toll Free:**

**Phone:** 604-541-0007

**Cell:**

**Fax:** 604-541-9312

**Email:** [chris@specialtychicken.com](mailto:chris@specialtychicken.com)

**Website:** <http://www.specialtychicken.com>

**Address:**

3085-184th Street

Surrey, BC

V3S 9V2

**Regions Supplied:** Lower mainland

**Company Notes:**

All vegetable fed, no animal by-products, non-medicated chicken. The farm is certified as such with the "Safe, Safer Safest Program" and is inspected, including feed invoices and animal care practices. The farm is a small-permit producer, registered with BCCMB.

**Products Available:**

**Chicken - Year Round**

Whole roasting chickens and cut-up pieces, yellow in colour. Air chilled in the processing. Very high quality in texture and flavour due to a longer grow cycle and excellent growing environment. All vegetable feeding with no animal by-products and no medications.

## Kootenay Kitchen - 250-447-9263

**Contact:** Ron Liddle or Diana Carr

**Toll Free:**

**Phone:** 250-447-9263

**Cell:**

**Fax:** 250-447-9263

**Email:** [info@organicgourmet.ca](mailto:info@organicgourmet.ca)

**Website:** <http://www.organicgourmet.ca>

**Address:**

2065 Haaglund Road

Christina Lake, BC

V0H 1E3

**Regions Supplied:** All of BC

**Company Notes:**

Family-run, home-based, artisan specialty food producers. We are committed to certified organic principles. Our passion is producing food that is both delicious and nutritious.

**Products Available:**

**Vege Pata Jalapeno - Year Round**

Sold retail in 190 g vacuum packed units, but available in larger quantities for food service needs. 84% certified organic; certified VEGAN; using extra virgin olive oil. We process small batches by hand, in our artisan-sized commercial kitchen; using organically grown ingredients, with sources as close to home as possible. Jalapeno and habanero peppers are added for a sparkling twist to conventional flavoured pate. Though VEGAN, our pate is loved by carnivores! All original recipes.

**Goma - Fall Spring Summer Winter Year Round**

Same recipe as the Sea Vegetable Gomashio, except with no sea salt in the recipe. This savoury sprinkle is good on all the foods listed above, and since it is not salted, it is also great on desserts like ice cream and puddings. Original recipe.

**Sea Vegetable Gomashio - Fall Spring Summer Winter Year Round**

Less sea salt, with the addition of kelp and dulse and a splash of tamari. Get the added nutrition of the sea veggies and less salt for those wishing to reduce salt in their diet. Original recipe. All our gomashios are certified by PACS #16-243.

**Traditional Gomashio - Year Round**

Traditional Gomashio sold retail in 170 g units. Also available in 1 kg bags for food service needs. A time-honoured Japanese condiment, Gomashio is roasted and ground sesame seed. 100% certified organic, certified VEGAN. Sprinkle on rice/grains, potatoes, popcorn, corn on the cob, salads, subs, soups, in salad dressings.

**Vege Pate Curry - Fall Spring Summer Winter Year Round**

Pate with a wonderful curry flavour, but with no heat. Our pate can be eaten as a sandwich spread. Several coffee shops use it as a quick vegetarian menu option, in a bunwich, or used as a VEGAN filling for sausage rolls with puff pastry, or simply served with crackers as an appy.

**Vege Pate Herb - Year Round**

Sold retail in 190 g vacuum-packed units, but available in larger quantities for food service needs. 84% certified organic; certified VEGAN. Made with extra virgin olive oil. We process small batches by hand, in our artisan-sized commercial kitchen; using organically grown ingredients with sources as close to home as possible.

## Ladybug Manor - 604-857-9054

**Contact:** Rod Lacey and Marlene Freemantle

**Toll Free:**

**Phone:** 604-857-9054

**Cell:**

**Fax:** 604-607-7336

**Email:** rblacey@shaw.ca

**Website:**

**Address:**

6475 264th Street

Aldergrove, BC

V4W 1M6

**Regions Supplied:** Lower mainland

**Company Notes:**

Certified Organic Young Whole Turkey grade AA. Available fresh for Thanksgiving and Christmas. Frozen stock year round limited number of whole UT frozen birds. (we try not to raise UT)

**Products Available:**

Frozen Certified Organic Young Whole Turkey - Year Round

Frozen stock year round, limited number of whole UT frozen birds.

Certified Organic Young Whole Turkey - Fall Spring Winter

Available fresh for Thanksgiving and Christmas.

## Lamington Heritage Farm - 604-530-0559

**Contact:** Anja or Philip Gell

**Toll Free:**

**Phone:** 604-530-0559

**Cell:**

**Fax:**

**Email:** [anjaphil@pacificcoast.net](mailto:anjaphil@pacificcoast.net)

**Website:**

**Address:**

Please give us a call.

Langley, BC

**Regions Supplied:** Lower mainland

### **Company Notes:**

Naturally raised, pastured sheep and lamb for discerning palates desiring to know their meat product was cared for in an ethical, green and humane manner. Sold by the 1/2 and full carcass.

Pastured poultry that is provided organic grain and access to shelter throughout the day.

### **Products Available:**

#### **Pastured Duck - Year Round**

Pastured duck with certified organic grain available. Available whole.

Breast and legs availability intermittently.

#### **Lamb and Mutton - Year Round**

Certified BC organic lamb and mutton is made available through us. It is raised in the interior and sale directly goes to the farmer.

The sheep are ranged on a large ranch, not immunized or medicated, supplemented with alfalfa hay during the winter. The hay has been purchased from Alberta. Grain is not provided. The meat is lean, clean tasting and flavourful.

#### **Pastured Chicken - Year Round**

Pastured chicken with certified organic grain available throughout the year. Eggs from ranged chicken have a naturally higher omega content from the grass eaten. The taste of real chicken.

## Moccia Urbani Foods - 778-355-9339

**Contact:** Stefan Urbani

**Toll Free:**

**Phone:** 778-355-9339

**Cell:**

**Fax:** 778-312-0121

**Email:**

**Website:** <http://www.moccia.ca>

**Address:**

2723B Murray Street  
Port Moody , BC  
V3H1X1

**Regions Supplied:** Lower mainland Vancouver island

**Company Notes:**

**Products Available:**

### Artisan Dry Cured Salami - Year Round

8 flavours of salami dry cured in the Italian tradition. Fennel, Spicy Fennel, Argentinian, Roman, Truffle Salami, Abruzzo, Sicilian, Fig Toscano.

### Meatballs - Year Round

Traditional Italian meatballs made with BC Pork. We also produce meatballs stuffed with ricotta cheese and parsley.

### Argentinian Sausage - Year Round

Our traditional 1968 recipe made with BC Natural Pork, flavoured with oregano, red wine and Spanish paprika.

### Hot Italian Sausage - Year Round

Our traditional 1968 recipe made with BC Natural Pork.

### Mild Italian Sausage - Year Round

Our traditional 1968 recipe made with BC Natural Pork.

### RISOTTOBALLSR - Year Round

Balls of creamy Italian risotto with fresh mozzarella cheese coated in a crispy breading. Available in five varieties: Plain, Mozzarella, With Italian Sausage, With Primavera Vegetables, with Porcini Mushrooms and With Ragu Sauce.

This is a frozen product that can be re-heated from frozen for 20 minutes in a standard oven.

### Toulouse Sausage - Year Round

Our traditional 1968 recipe made with BC Natural Pork, flavoured with white wine, nutmeg and smoked bacon.



## Motion Foods Inc. - 604-987-4663

**Contact:** Georgy Good

**Toll Free:**

**Phone:** 604-987-4663

**Cell:**

**Fax:**

**Email:** [orders@motionfoods.com](mailto:orders@motionfoods.com)

**Website:** <http://motionfoods.com>

**Address:**

#213 1305 Welch Street

North Vancouver, BC

V7P 1B3

**Regions Supplied:** Lower mainland Thompson okanagan

**Company Notes:**

**Products Available:**

**Fresh Pasta -**

Spaghetti Bolognese, Linguini Al Pesto, Penne Marinara, Tortellini Alfredo, Mac

**Lemon Pesto Chicken Breast - Year Round**

Fresh baked with real butter, perfect for delis, can be frozen, appx 2kg pack

**Meatballs - Year Round**

Home style, original recipe, made by hand, appx. 100 grams each, made fresh and can be frozen

**Meatloaf - Year Round**

Home style, original recipe, 450 gram portion, made fresh and can be frozen.

**Shepherd's Pie - Year Round**

Fresh baked with real butter, perfect for delis, can be frozen, appx 450 grams

**Strip Loin Beef -**

Fresh baked with real butter, perfect for delis, can be frozen, appx 2kg pack

**Turkey Breast - Year Round**

Fresh baked with real butter, perfect for delis, can be frozen, appx 2kg pack

## Pasture-to-Plate/Rafter 25 Ranch - 604-254-6782

**Contact:** Barbara Schellenberg

**Toll Free:**

**Phone:** 604-254-6782

**Cell:**

**Fax:**

**Email:** [grassfedmeats@pasture-to-plate.com](mailto:grassfedmeats@pasture-to-plate.com)

**Website:** <http://www.pasture-to-plate.com>

**Address:**

3215 Grant Street

Vancouver, BC

V5K 3J1

**Regions Supplied:** Lower mainland Thompson okanagan Vancouver island

### Company Notes:

We are a family business; our livestock is grass fed and grass finished.

Our pigs are on pasture, supplemented with certified organic peas and finished on milk and organic apple pulp. Our livestock forages on luscious pastures in the beautiful Chilcotin valley, ensuring optimum animal and human health. We use biodynamic practices to support biodiversity and are in partnership with The Land Conservancy. Our meat is high in CLA, omega 3 fatty acids and beta carotene.

### Products Available:

#### Certified Organic Lamb - Year Round

Frozen, available year round. Special orders can be accommodated.

#### Certified Organic Beef - Year Round

Frozen, available year round. Special orders can be accommodated.

#### Certified Organic Pork - Year Round

Frozen, available year round. Special orders can be accommodated.

#### Sausages - Year Round

Our fresh frozen sausages come 4 per pack, have no fillers and are made with 100% grass fed meat. All ingredients are certified organic; plus we use our own honey, wild crafted spices and organic grey sea salt containing over 80 minerals! Sausages include: "The Rangerider" (with Juniper); "The Cowpoke" (with Garlic); "The Wrangler" (with Blueberry); and "The Drifter" (with Sage).

## Polderside Farms Inc. - 604-823-7324

**Contact:** Virginia Jacobsen  
**Toll Free:**  
**Phone:** 604-823-7324  
**Cell:**  
**Fax:** 604-823-7325  
**Email:** polderside@shaw.ca  
**Website:**

**Address:**  
4843 Giesbrecht Road  
Chilliwack, BC  
V2R 4R1

**Regions Supplied:** Lower mainland Vancouver island

### **Company Notes:**

Naturally raised, free-run duck - but not pastured outdoors. No hormones or antibiotics. Our chickens are a European variety, (commonly grown for the LaBelle Rouge certification), non-hybridized, slo-growth. We are growing them under the same conditions as the Long-Island ducks: barn raised, low density, free-run, no antibiotics, all vegetable-grain feed plus sunflower seeds. They are air-chilled and cryovaced, whole.

### **Products Available:**

#### **Chicken - Year Round**

Our chickens are a European variety, (commonly grown for the LaBelle Rouge certification), non-hybridized, slo-growth. They are air-chilled and cryovaced, whole.

#### **Duck Meat - Year Round**

Vegetable-grain (sunflower seeds) fed ducks. Whole or cut-up.

## Premium Brands Food Group - 604-668-5950

**Contact:** Rob Aitken

**Toll Free:**

**Phone:** 604-668-5950

**Cell:**

**Fax:** 604-668-5969

**Email:** mike.bissell@pbfoodgroup.com

**Website:**

**Address:**

7720 Alderbridge Way

Richmond, BC

V3N 4J7

**Regions Supplied:** All of BC

### Company Notes:

Premium Brands Food Group provides the food service industry with premium high-quality, best-in-the-class products.

### Products Available:

#### Refrigerated and Shelf Stable Products -

Processed by Grimm's Fine Foods and Harlan Faribanks

#### Back Bacon - Year Round

Processed by Grimm's Fine Foods and Harlan Faribanks

#### Deli Full Muscle - Year Round

Processed by Grimm's Fine Foods and Harlan Faribanks

#### Deli Sliced Meats - Year Round

Processed by Grimm's Fine Foods and Harlan Faribanks

#### Ham - Year Round

Processed by Grimm's Fine Foods and Harlan Faribanks

#### Meat Snacks - Year Round

Processed by Grimm's Fine Foods and Harlan Faribanks

#### Pre-cooked Sausages - Year Round

Processed by Grimm's Fine Foods and Harlan Faribanks

#### Smoked Sausage - Year Round

Processed by Grimm's Fine Foods and Harlan Faribanks

## Sloping Hill Farm - 250-752-0570

**Contact:** Dirk Keller

**Toll Free:**

**Phone:** 250-752-0570

**Cell:**

**Fax:**

**Email:** [slopinghill@shaw.ca](mailto:slopinghill@shaw.ca)

**Website:**

**Address:**

350 Parker Road

Qualicum Beach, BC

V9K 1X4

**Regions Supplied:** Lower mainland Vancouver island

### Company Notes:

Free range, heritage breed pork, all on the list of rare breeds of Canada. Our pigs are allowed to roam freely, socialize and engage in instinctive behavior such as rooting, wallowing and foraging. All breeding animals live in social groups; even the boars are together with the sows all the time. There is no teeth clipping, tail docking or ear marking. we leave our litters together to avoid stress and fighting. Our sows are not crated. Instead, they give birth naturally and raise their young without interference. All animals have free-choice access to outdoors at any time. Sunshine, fresh air, good feed and a stress-free environment eliminate the need for any medications. No animal by-products are used in our feed except for occasional milk and hard boiled eggs. We don't administer antibiotics routinely and don't use hormones or steroids at all. We grow everything on the farm that makes the difference in our pigs' diet and, with that, the quality of our pork. Our farm has no waste issues; manure is returned to the soil where it becomes fertilizer. Our pork is selected to have a high percentage of intramuscular fat, like a choice steak. You can expect a different texture of the meat, darker colour, more marbling and incomparable flavour compared to any conventionally-raised pork. Truly local, truly exceptional pork!

### Products Available:

#### Landrace Pigs - Year Round

Free range-raised, heritage breed pork, listed among the rare breeds of Canada.

#### Berkshire Pigs (Kurobuta Pork) - Year Round

Free range-raised, heritage breed pork

#### Hampshire Pigs - Year Round

Free range-raised, heritage breed pork.

#### Tamworth Pigs - Year Round

Free range-raised, heritage breed pork, listed among the rare breeds of Canada.

## Soulshine Ranch - 250-706-8146

**Contact:** Christina Monteith

**Toll Free:**

**Phone:** 250-706-8146

**Cell:**

**Fax:**

**Email:**

**Website:** <http://www.soulshineranch.com>

**Address:**

6722 Fawn Creek Road

Lone Butte , BC

V0K1X0

**Regions Supplied:** Lower mainland Thompson okanagan

**Company Notes:**

### Products Available:

#### Organic Wild Boar - Fall Winter

Fed a 100% certified organic diet from Canadian Organic Feeds Limited in Chilliwack BC. Our pigs are NOT VACCINATED (which is allowed in organic growing) or medicated in any way. Our pigs are allowed to raise and wean their piglets on their own, not forced to wean at an early age for faster growing. Our pigs are used in a rotational grazing system to eat weeds and tear up stumps and plow the land for planting. The pigs are followed by chickens to break up the parasite/worm cycle naturally with out drugs. Available Seasonally

#### Organic, free range Chicken - Spring Year Round

Fed a 100% certified organic diet from Canadian Organic Feeds Limited in Chilliwack BC, absolutely no medications or chemicals. Our chickens are raised by our family and are handled and loved daily by children. Chickens are fed organic veggie scraps and organic milk from our Dexter cows. Our chickens have grass, hills and trees to roam about and live like a chicken until it arrives on your dinner plate. GROWN WITH LOVE!

## Stonefield Farm - 250-743-3861

**Contact:** Pat Swan

**Toll Free:**

**Phone:** 250-743-3861

**Cell:**

**Fax:** 250-743-3861

**Email:** stonefield\_farm@yahoo.com

**Website:**

**Address:**

1114 Deerwood Place

Mill Bay, BC

V0R 2P2

**Regions Supplied:** Lower mainland Vancouver island

**Company Notes:**

Naturally-raised specialty meats.

**Products Available:**

Naturally Raised Pork - Fall Spring Summer

Grass-Fed Beef - Fall

Naturally Raised Chicken - Year Round

Naturally Raised Turkey - Fall

# Sumas Mountain Farms - 604-853-6333

**Contact:** Trevor Newton

**Toll Free:**

**Phone:** 604-853-6333

**Cell:**

**Fax:**

**Email:** [info@sumasmountainfarms.ca](mailto:info@sumasmountainfarms.ca)

**Website:** <http://www.sumasmountainfarms.ca>

**Address:**

32500 South Fraser Way

Abbotsford, BC

V2T 4W1

**Regions Supplied:** Lower mainland

**Company Notes:**

Our animals are raised on 100% certified-organic pastures in the heart of the Central Fraser Valley, Abbotsford.

Our beef is dry-aged, and available in small or large quantities, by the cut or by the side, take-your-pick. Certification is through FVOPA.

We also offer specialty products such as pepperoni, jerky, salami, sausage, farmer sausage, and more.

Because our beef is 100% grass-fed & finished, the quality of the meat is exceptional, and the flavor is unsurpassed. Plus, it is more nutrient-dense and packed with healthful Omega-3's than conventional beef, which is healthier for you, your family, and the planet.

**Products Available:**

**Apple Juice - Year Round**

Apple Juice from 100% organic heritage apples.

**Beef Products - Year Round**

Tenderloin Steak, Prime-Rib Steak, New York Striploin, Tbone Steak, Sirloin Steak, Sirloin Tip, Prime-Rib Roast, Cross-Rib Roast, Round Roast (Baron-of-Beef), Lean Ground Beef Burgers (4 per pkg), Stewing Beef, Stir-Fry Beef Short Ribs Oxtail, Beef Liver, Beef Heart, Beef Kidney, Beef Tongue, Soup Bones and Beef Bones for Dogs.

**Jerky - Year Round**

Jerky (100% beef)

**Organic Eggs - Year Round**

**Pepperoni - Year Round**

Pepperoni - Regular (100% beef) (6 sticks per pkg) Pepperoni - Hot (100% beef) (6 sticks per pkg) Pepperoni - Extra Long (100% beef) (6 sticks per pkg)

**Salami - Year Round**

Salami (100% beef) Farmer Sausage (100% beef; ready-to-eat)

**Sausages - Year Round**

Sausages (100% beef) (sold in packages of 5. Smokies - Medium (100% beef) - 4 smokies. Smokies - Large (100% beef) - 5



smokies. Bratwurst (100% beef) (4 sausages per pkg)

**Whole Chickens - Year Round**

Whole Chickens, Chicken Breasts (Boneless) Chicken Thighs Chicken Drums Chicken Wings, Ground Chicken (finely ground meat, bones

## Sun Valley Fresh Foods - 250-448-9000

**Contact:** Dean Smith

**Toll Free:**

**Phone:** 250-448-9000

**Cell:**

**Fax:** 250-448-7806

**Email:**

**Website:** <http://www.svff.ca>

**Address:**

#100-2130 Leckie Place

Kelowna, BC

V1Y 7W

**Regions Supplied:** Lower mainland Thompson okanagan

### Company Notes:

Sun Valley prides itself on its outstanding service and quality. We have been servicing the Okanagan for over 15 years. We are a specifically fresh only processor with availability of products year round from chopped romaine to dices golden beets, if its a vegetable we probably process it. Processed vegetables in any dimension shape and size. Specifically bagged to the final users specifications. Modified atmosphere to fresh vac pack capabilities. We process combo kits as well like fresh salad kits, fresh pasta kits with fresh veggies, also fresh sandwiches and veggie snack cups. These products are primarily for convenience and fruit stand type business. It gives the seller an opportunity to feature beautiful fresh made products without having to have the facilities to prepare the dishes on site. The kits come with everything you need to make the product like dressing or sauce and veg blends bowls and labels. Its a complete party in a package!!! Very affordable and convenient...

### Products Available:

#### Wide Variety of Vegetable products - Year Round

All vegetable products according to their seasonal limits.

#### Bagged Veggies - Year Round

Processed and bagged veggies in a variety of sizes and dimensions.

#### Pasta Dish Kits - Year Round

Fresh pasta dish kits with fresh vegetables.

#### Salad Kits - Year Round

Fresh pre made salads for local vendors in the okanagan.

#### Sandwiches - Year Round

Fresh sandwiches for local gas and convenience stores, as well as fruit stands.

## The Blue Goose Cattle Company Ltd. - 604-980-9106

**Contact:** Doug Sinclair

**Toll Free:**

**Phone:** 604-980-9106

**Cell:**

**Fax:** 604-980-9146

**Email:** [info@bluegoosecattle.com](mailto:info@bluegoosecattle.com)

**Website:** <http://www.bluegoosecattle.com>

**Address:**

#123 - 1305 Welch Street

North Vancouver, BC

V7P 1B3

**Regions Supplied:** All of BC

**Company Notes:**

Farm gate to dinner plate quality control. Developing markets for economically-viable and ecologically-sustainable ranching.

**Products Available:**

Beef Jerky, Sausages, Hamburger Patties - Year Round

Chemical and preservative free.

**Certified Organic Beef Products - Year Round**

Our free range, grain-finished beef is raised without the use of antibiotics, growth-inducing hormones, or animal by-products. It is dry-hung and hand cut for exceptional flavour and quality. Fresh block cuts to NAMP standards or flash frozen in individual portions. 2005 winner of "Best Beef in BC," "Chef's Choice", and "Critic's Choice" awards. Featured product in "EAT! Vancouver 2005" exhibit. British Columbia raised and processed beef, distributed from North Vancouver distribution warehouse.

## Thomas Reid Farms Ltd. - 604-856-5050

**Contact:** Brad Reid

**Toll Free:**

**Phone:** 604-856-5050

**Cell:** 604-308-8200

**Fax:** 604-856-9093

**Email:** bkreid@direct.ca

**Website:** <http://www.trfororganic.com>

**Address:**

5050 244 Street

Langley, BC

V2Z 1G5

**Regions Supplied:** Kootenay Lower mainland Thompson okanagan Vancouver island

### **Company Notes:**

Thomas Reid Farm is BC's first certified organic chicken farm. The farm is owned and operated by Brad Reid and his family. They are committed to producing the most natural organic chicken in the world. Certified Organic Chicken= No Pesticides or Medication. Thomas Reid Farm's chicken is sold fresh, or frozen whole or in cut-parts.

### **Products Available:**

#### **Organic Whole Chickens and Products - Year Round**

Certified organic chicken, whole, pieces, sausage, marinated chicken wings, and chicken broths.

## Tocino Foods Inc. - 604-231-1937

**Contact:** Haydee Alonzo

**Toll Free:**

**Phone:** 604-231-1937

**Cell:**

**Fax:** 604-249-3629

**Email:** haydee@tocinofoods.com

**Website:** <http://www.tocinofoods.com>

**Address:**

3540 Barga Drive

Richmond, BC

V8X 2R5

**Regions Supplied:** Lower mainland

**Company Notes:**

Haydee's Delight are frozen cured pork products, moderately sweet and marinated in pineapple, 100% pork, leaner quality, no fillers, no MSG added, no artificial food colour. Healthy and nutritious.

**Products Available:**

**Haydee's Delight Gourmet Tocino Pork - Year Round**

Moderately sweet, thin-cut pork shoulder blade, marinated in pineapple. No MSG added. No artificial food colour for a leaner quality. No fillers. Each package weighs 375 g in a golden vacuum packaging. Manufactured by federally-inspected plant. Institutional packages available upon request.

**Haydee's Delight Gourmet Longaniza Pork Sausage - Year Round**

Moderately sweet, frozen cured pork sausage, enhanced with pineapple. 100% pork, no fillers, no MSG added, no artificial food colour for a leaner quality. Manufactured by federally-inspected plant, vacuum packed, in a golden package. Each package contains 12 sausage link at 375 g. Institutional packages available upon request.

## Vale Farms Grassroots Ltd. - 250-547-2382

**Contact:** Lorna Ruechel  
**Toll Free:** 866-567-2300  
**Phone:** 250-547-2382  
**Cell:**  
**Fax:** 250-547-6080  
**Email:** valefarms@telus.net  
**Website:** <http://www.valefarms.com>

**Address:**  
106 Dure Meadow Road  
Lumby, BC  
V0E 2G7

**Regions Supplied:** Kootenay Lower mainland Thompson okanagan

### Company Notes:

We are a multi-generational family farm, and are proud to produce delicious, nutritious products for our community. We strive to maintain a wholistic balance with nature on our farm, protect wildlife and biodiversity, and encourage others to experience and learn about farming!

### Products Available:

#### Certified Organic Sea Buckthorn Berries - Fall Summer

Delicious, tart, and bright orange, these berries and the juice we make from them are available in August and September. High in Vitamin C, minerals, antioxidants and countless other vitamins!

#### Certified Organic Garlic - Summer

Yugoslavian Racombole variety. Hand weeded and picked. Available July and August.

#### Grass-fed Certified Organic Beef - Year Round

A large variety of cuts available, sold frozen to ensure year-round supply. Bulk and specialty orders available in the fall. Hormone free, antibiotic free, no animal by-products fed, and SPCA certified to guarantee humane treatment.

#### Organically-Raised, Pastured Pork -

Certified organically-raised on Big Bear ranch in Horsefly, BC, this delicious free-range pork is available in frozen, individual cuts. No animal by-products fed, no hormones or antibiotics. Seasonal availability.

#### Pasture-Raised, Grass-Fed Lamb - Fall Winter

Grass-fed, Chemical Free Lamb

Availability: Fall to Spring

Pasture-raised, grass-fed lamb. Bulk orders available in the fall and frozen individual cuts available from late fall to spring. Free from synthetic hormones, antibiotics, and no animal by-products fed.