SPECIALTY FOOD DIRECTORY

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Canada Specialty Foods Directory

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A & L Gardens - 250-499-5492

Contact: Art and Lina Nugteren

Toll Free:

Phone: 250-499-5492

Cell:

Fax: 250-499-5492

Email: artandlina@nethop.net

Website:

Address:

2281 Agar Rd Cawston, BC VOX ICO

Regions Supplied: Kootenay Lower mainland Thompson okanagan Vancouver island

Company Notes:

We have been growing organically since 1997 and have worked on other organic farms since 1989. We have been growing specialty items for a number of years. We can grow items if we are contacted early in the year. Many items are started in our own greenhouse.

Products Available:

Hot and Sweet Peppers - Summer

Mixed varieties. Available July-October.

Baby Zucchini - Fall Summer

Mixed varieties 10 lb case.

Fresh Herbs - Fall Summer

Basil, oregano, chives, thyme and sage

Grape and Cherry Tomatoes - Fall Summer

Mixed varieties

Nugget Potatoes, Red and White - Spring

Available the first two weeks of June

Tomatoes - Roma and Field - Fall Summer

Available August - October

Winter Squash - Fall

Mixed varieties

BC Hot House Foods Inc. - 604-507-6215

Contact: Devon Kennedy

Toll Free:

Phone: 604-507-6215

Cell:

Fax: 604-576-5498

Email: devonk@bchothouse.com **Website:** http://www.bchothouse.com

Address:

5355 152nd Street Surrey, BC V3S 5A5

Regions Supplied: All of BC

Company Notes:

Taste Buddies Miniature Vegetables - these products are cool in appearance and make unique side dishes and snacks. They're easy to use and have many applications. Most of all, they are fun to eat!

Products Available:

Mini-Cucumbers - Year Round

These are the mini versions of the Long English Cucumbers that are smaller in size and diameter. The texture is a little crunchier, and the deliciously sweet flavour makes them excellent to snack on by themselves or in salads, cold vegetable platters or as garnishes. Kids love them!

Campari Tomatoes on the Vine - Year Round

Vibrant red, cocktail-sized tomatoes. They are hydroponically grown in greenhouses and are about 2" in diameter. These tomatoes offer vine-ripened, fresh flavour and are sold in clusters on the vine to ensure peak freshness and flavour.

Long English Cucumbers - Year Round

Seedless with a thin, deep-green, unwaxed skin that is never bitter. The skin adds crunch to the refreshing flavour. Long English Cucumbers are great for salads, sandwiches, salsas, dressings, dips, sauces, soups, garnishes and cold vegetable platters.

Roma Tomatoes on the Vine - Year Round

Long, almost egg-shaped tomatoes with firm, red, meaty flesh, very few seeds and skin that is easy to peel. High acid level makes them perfect for sauces, soups and salsas. Roma tomatoes on the vine are hydroponically grown in a greenhouse.

Sweetooth Peppers - Year Round

Long cone-shaped peppers with shiny, crunchy skins that cover thick, juicy walls. These peppers are sweeter than Sweet Bell peppers, and their tiny seed caps make them easy to cut into rings, enhancing presentation.

Eagle River Organics - 250-836-4333

Contact: Linda Kucera/WM.Dyck

Toll Free:

Phone: 250-836-4333

Cell: Fax: Email: Website:

Address:

1754 Trans Canada Hwy. Sicamous, BC V0E 2V1

Regions Supplied: Kootenay Lower mainland Thompson okanagan

Company Notes:

Eagle River Organics is a 10-acre farm with six acres in gardens with a large variety of organic vegetables. For markets and quantity buyers with quality as our number one priority.

Products Available:

Sugar Pie Pumpkins - Fall Winter

400 - 500 lbs. Fall harvest; average size 7" diameter. Excellent for cooking and stores well.

Beets - Fall Summer

5000 lbs. - Available starting August. Early Wonder Beet - Globe-shaped, bunching beets, excellent taste and colour. Cylindra Beet - Great for slicing and dicing; good storage.

Carrots - Fall Summer

5000 - 10,000 lbs available starting August 15th. Excellent flavor, sweetness and texture that holds long into storage.

Fingerling Potatoes - Fall Summer

2500 - 3000 lbs - Specific siling. Available July 15th (approximately).

Grapes - Fall Summer

Table grapes - Candice and Coronation varieties available. Excellent sweet flavour.

Parsnips - Fall Spring Winter

2000 lbs - Available October through to March; sweet taste. Specific sizing at start of season.

Salsify - Fall

500 lbs. Delicious flavour; fall harvest.

Sunchokes - Fall

500 lbs - Fall harvest, excellent for cooking.

Origin Organic Farms Inc. - 604-940-3928

Organic Sardinia Cocktail Tomatoes - Fall Spring Summer

Organic Tomatoes on the Vine - Fall Spring Summer

Contact: Connie Cheng **Toll Free: Phone:** 604-940-3928 Cell: Fax: 604-940-3968 **Email:** info@origino.ca Website: http://www.origino.ca Address: 6225-34B Avenue Delta, BC V4L 2N8 **Regions Supplied:** All of BC **Company Notes: Products Available:** Organic Mini Cucumbers - Fall Spring Summer Organic Beefsteak Tomatoes - Fall Spring Summer Organic Bell Peppers - Fall Spring Summer Organic Gemini Orange and Red Berry Tomatoes - Fall Spring Summer Organic Long English Cucumbers - Fall Spring Summer

Tamarac Fresh Cut Foods Ltd. - 250-765-2211

Contact: Tony DiMaria

Toll Free:

Phone: 250-765-2211

Cell:

Fax: 250-765-2703

Email: tdimaria@okanagan.net
Website: http://www.russandtonys.com

Address:

PO Box 41122 RPO S. Winfield, BC V4V 1Z7

Regions Supplied: Kootenay Lower mainland Thompson okanagan Vancouver island

Company Notes:

The purpose of Russ and Tony's Fresh Sliced Apples is to provide fresh sliced produce for health conscious people. Consumers are taking active measures to improve their diet through avoiding foods that are high in carbohydrates, fats and sugars. Apples are high in fibre, low in fat and easy to enjoy - a perfect snack!!

Products Available:

Fresh Sliced Organic Apples - Fall Winter

Packaged in 60 gram to 454 gram poly food service sizes. Available seasonally (fall to spring).

Fresh Baby Carrots - Year Round

Fresh packaged (60 gram

Fresh Sliced Peppers - Year Round

Fresh sliced and peeled peppers for food service or fresh diced as well, packaged in 60 gram (snack size) up to 454 gram (food service) poly bags.

Fresh Sliced Apples - Year Round

Fresh sliced apples packaged in 60 gram, 114 gram (snack size) with or without Caramel dips, or Cheese cubes, up to 454 gram (food service) poly bags.

Fresh Sliced Pears - Fall Winter

Fresh sliced pears packaged in 60 gram (snack size) up to 454 gram (food service) poly bags.

Available: November to March

Taves Family Farm - Applebarn - 778.241.1822

Contact: Joslin Sanderson

Toll Free:

Phone: 778.241.1822

Cell:

Fax: 888.345.8972 Email: info@applebarn.ca Website: http://www.applebarn.ca

Address:

333 Gladwin Rd. Abbotsford , BC V2Y 5Y1

Regions Supplied: All of BC

Company Notes:

Locally grown produce, berries, apples & pumpkins. Catering to restaurants, markets, and families. Call us to experience a taste of the country.

We also grow: Black Currants - Summer Red Currants - Summer Pink Currant - Summer Red Gooseberries - Summer Green Gooseberries - Summer Corn - Late Summer & Fall Apples (several varieties) Late Summer & Fall Pumpkins - Fall Bell Peppers (yellow, orange, green & red) - Spring, Summer, & Fall Stiletto Peppers - very sweet - Spring, Summer, & Fall

Products Available:

Cherry - Fall Spring Summer

These are grown hydroponically in our greenhouse and are crisp and flavorful. These are great for salads or vegetable skewers.

Beefsteak Tomatoes - Fall Spring Summer

We grow large crisp beefsteak tomatoes in our greenhouse. These are great for salads or burgers.

Butter Head Lettuce - Year Round

We grow beautiful butterhead lettuce hydroponically in our greenhouse. We leave the roots stock on the lettuce to increase it's shelf life.

Heirloom Tomatoes - Fall Spring Summer

We grow a variety of heirloom tomatoes that are a variety of colours. The flavor of these tomatoes is exceptional and is a great addition to any salad.

Apple Cider - Fall Winter

We press our own Apple Cider here on our farm made from our own apples. We do not add water or any other ingredients to our Apple Cider. You can get the cider two different ways:Fresh Cider: is UV light pasteurized and is served in plastic containers (like milk jugs). This has a two week shelf life.Glass: Our cider that is served in our unique glass jugs is boiled and will keep on a shelf for years. It only needs to be refrigerated after it has been opened.

Black Currant and Red Currant Jams - Year Round

On our farm we also grow currants and have made our own black currant and red currant jams. This can be ordered in either 250ml or 125ml class jars.

Campari Tomatoes - Fall Spring Summer

The red plump tomatoes are a great size for salads and are also grown in our greenhouse.

Long English Cucumbers - Year Round

Our Long English Cucumbers are a consistent size and have a great flavor. They are grown in a hydroponic greenhouse and we have an aggressive IPM program to reduce or eliminate the need for sprays.

Mini Cucumbers - Year Round

Our mini cucumbers are very sweet and crunchy. They are grown in a hydroponic greenhouse and we have an aggressive IPM program to reduce or eliminate the need for sprays.

Red Pepper Jelly - Year Round

We also have a greenhouse where we grow an assortment of veggies, including peppers. We have used the peppers to make a red pepper jelly. This is a spicy red pepper jelly containing jalepenos but it is great with mozzarella sticks, pizza or on chicken.

Spiced Apple Cider - Fall Winter

We also make another variety of the same cider but we add mulling spices. This is popular at Christmas time and is great cold or served as a warm cider. Some restaurants we have sold to add rum to this warm drink at Christmas time and tell me it is quite popular. The Spiced Cider comes in glass only for clients who are re-selling it but for serving purposes it can be sold in plastic with about a 6 week shelf life.

Vale Farms Grassroots Ltd. - 250-547-2382

Contact: Lorna Ruechel **Toll Free:** 866-567-2300 **Phone:** 250-547-2382

Cell:

Fax: 250-547-6080

Email: valefarms@telus.net

Website: http://www.valefarms.com

Address:

106 Dure Meadow Road Lumby, BC V0E 2G7

Regions Supplied: Kootenay Lower mainland Thompson okanagan

Company Notes:

We are a multi-generational family farm, and are proud to produce delicious, nutritious products for our communitiy. We strive to maintain a wholistic balance with nature on our farm, protect wildlife and biodiversity, and encourage others to experience and learn about farming!

Products Available:

Certified Organic Sea Buckthorn Berries - Fall Summer

Delicious, tart, and bright orange, these berries and the juice we make from them are available in August and September. High in Vitamin C, minerals, antioxidants and countless other vitamins!

Certified Organic Garlic - Summer

Yugoslavian Racombole variety. Hand weeded and picked. Available July and August.

Grass-fed Certified Organic Beef - Year Round

A large variety of cuts available, sold frozen to ensure year-round supply. Bulk and specialty orders available in the fall. Hormone free, antibiotic free, no animal by-products fed, and SPCA certified to guarentee humane treatment.

Organically-Raised, Pastured Pork -

Certified organically-raised on Big Bear ranch in Horsefly, BC, this delicious free-range pork is available in frozen, individual cuts. No animal by-products fed, no hormones or antibiotics. Seasonal availability.

Pasture-Raised, Grass-Fed Lamb - Fall Winter

Grass-fed, Chemical Free Lamb

Availability: Fall to Spring

Pasture-raised, grass-fed lamb. Bulk orders available in the fall and frozen individual cuts available from late fall to spring. Free from synthetic hormones, antibiotics, and no animal by-products fed.