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# Company results for 'Garlic' under 'Kootenay'

## Skye Farm Garlic - 250-260-0592

**Contact:** Peter or Shelly Helmer

**Toll Free:**

**Phone:** 250-260-0592

**Cell:**

**Fax:**

**Email:** [skyefarm@shaw.ca](mailto:skyefarm@shaw.ca)

**Website:** <http://www.skyefarm.com>

**Address:**

Box 1181

Lumby, BC

V0E 2G0

**Regions Supplied:** Cariboo Kootenay Thompson okanagan

### Company Notes:

Our garlic is cultivated by hand on a small scale to ensure a top quality bulb with good to excellent storeageability and fine flavour.

Varieties for 2010 include "Russian Red" garlic (hardneck), "Skye Farm Mystery" Garlic (Silverskin) , "China Rose" Garlic (softneck with intense purple stripes)

### Products Available:

Purple-stripe (hardneck) Garlic var. "Ukrainian" - Summer Winter

6-18 narrow cloves per bulb. Unique mellow flavour. Available Seasonally.

Artichoke (softneck) Garlic var. "Italian" - Summer Winter

15-30 cloves per bulb mild to med heat earthy flavour. Very good keeper, sold in 2 lb braids. Available Seasonally.

Porcelain (hardneck) Garlic var. "Yugoslavian" - Summer Winter

4-6 large cloves per bulb hot, pungent, intense flavour. Good keeper. Available Seasonally.

Purple-stripe (hardneck) Garlic var. "German Red" - Summer Winter

6-12 large cloves per bulb. Hot spicy flavour. Available Seasonally.

## Three Boys Organics - 250-428-9503

**Contact:** Tony or Eunice Mulder  
**Toll Free:**  
**Phone:** 250-428-9503  
**Cell:**  
**Fax:** 250-428-9300  
**Email:** [garlicking@shaw.ca](mailto:garlicking@shaw.ca)  
**Website:** <http://www.organicgarlic.ca>

**Address:**  
337 Stace Rd., Box 687  
Creston, BC  
V0B 1G0

**Regions Supplied:** All of BC

### **Company Notes:**

Three Boys Organics is situated in the Kootenays. It is a family-operated business created for our three boys. They are full partners in this adventure. Our goal is to produce Great Organic Garlic. We concentrate on two main hardneck varieties, Italian Porcelain and German Red garlic, both rich in flavour and long storage.

### **Products Available:**

#### **Fresh Organic Garlic - Hardneck - German Red - Fall Summer**

Large heads with 8-10 cloves. Strong flavour, excellent storage, usually up to 10 months.

#### **Dried Organic Garlic - Hardneck - Italian Porcelain - Fall Spring Summer Winter Year Round**

Strong rich flavour. In a crystal form, very easy to use as is or to grind into a powder. Excellent shelf life. Available in 1 lb bags and produced from our own certified organic bulbs.

#### **Fresh Organic Garlic - Hardneck - Italian Porcelain - Fall Summer**

Large, easy-to-peel cloves. Excellent shelf life, usually up to 10 months. Great rich flavour in a large bulb with 5-7 cloves. Available seasonally.

## Vale Farms Grassroots Ltd. - 250-547-2382

**Contact:** Lorna Ruechel  
**Toll Free:** 866-567-2300  
**Phone:** 250-547-2382  
**Cell:**  
**Fax:** 250-547-6080  
**Email:** valefarms@telus.net  
**Website:** <http://www.valefarms.com>

**Address:**  
106 Dure Meadow Road  
Lumby, BC  
V0E 2G7

**Regions Supplied:** Kootenay Lower mainland Thompson okanagan

### Company Notes:

We are a multi-generational family farm, and are proud to produce delicious, nutritious products for our community. We strive to maintain a wholistic balance with nature on our farm, protect wildlife and biodiversity, and encourage others to experience and learn about farming!

### Products Available:

#### Certified Organic Sea Buckthorn Berries - Fall Summer

Delicious, tart, and bright orange, these berries and the juice we make from them are available in August and September. High in Vitamin C, minerals, antioxidants and countless other vitamins!

#### Certified Organic Garlic - Summer

Yugoslavian Racombole variety. Hand weeded and picked. Available July and August.

#### Grass-fed Certified Organic Beef - Year Round

A large variety of cuts available, sold frozen to ensure year-round supply. Bulk and specialty orders available in the fall. Hormone free, antibiotic free, no animal by-products fed, and SPCA certified to guarantee humane treatment.

#### Organically-Raised, Pastured Pork -

Certified organically-raised on Big Bear ranch in Horsefly, BC, this delicious free-range pork is available in frozen, individual cuts. No animal by-products fed, no hormones or antibiotics. Seasonal availability.

#### Pasture-Raised, Grass-Fed Lamb - Fall Winter

Grass-fed, Chemical Free Lamb

Availability: Fall to Spring

Pasture-raised, grass-fed lamb. Bulk orders available in the fall and frozen individual cuts available from late fall to spring. Free from synthetic hormones, antibiotics, and no animal by-products fed.