# SPECIALTY FOOD DIRECTORY



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Canada Specialty Foods Directory

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# A & L Gardens - 250-499-5492

**Contact:** Art and Lina Nugteren

**Toll Free:** 

**Phone:** 250-499-5492

Cell:

**Fax:** 250-499-5492

Email: artandlina@nethop.net

Website:

#### **Address:**

2281 Agar Rd Cawston, BC VOX ICO

Regions Supplied: Kootenay Lower mainland Thompson okanagan Vancouver island

# **Company Notes:**

We have been growing organically since 1997 and have worked on other organic farms since 1989. We have been growing specialty items for a number of years. We can grow items if we are contacted early in the year. Many items are started in our own greenhouse.

# **Products Available:**

# Hot and Sweet Peppers - Summer

Mixed varieties. Available July-October.

# Baby Zucchini - Fall Summer

Mixed varieties 10 lb case.

### Fresh Herbs - Fall Summer

Basil, oregano, chives, thyme and sage

# Grape and Cherry Tomatoes - Fall Summer

Mixed varieties

# Nugget Potatoes, Red and White - Spring

Available the first two weeks of June

### Tomatoes - Roma and Field - Fall Summer

Available August - October

# Winter Squash - Fall

Mixed varieties

# BC Hot House Foods Inc. - 604-507-6215

**Contact:** Devon Kennedy

**Toll Free:** 

**Phone:** 604-507-6215

Cell:

**Fax:** 604-576-5498

**Email:** devonk@bchothouse.com **Website:** http://www.bchothouse.com

#### Address:

5355 152nd Street Surrey, BC V3S 5A5

**Regions Supplied:** All of BC

### **Company Notes:**

Taste Buddies Miniature Vegetables - these products are cool in appearance and make unique side dishes and snacks. They're easy to use and have many applications. Most of all, they are fun to eat!

### **Products Available:**

# Mini-Cucumbers - Year Round

These are the mini versions of the Long English Cucumbers that are smaller in size and diameter. The texture is a little crunchier, and the deliciously sweet flavour makes them excellent to snack on by themselves or in salads, cold vegetable platters or as garnishes. Kids love them!

# Campari Tomatoes on the Vine - Year Round

Vibrant red, cocktail-sized tomatoes. They are hydroponically grown in greenhouses and are about 2" in diameter. These tomatoes offer vine-ripened, fresh flavour and are sold in clusters on the vine to ensure peak freshness and flavour.

### Long English Cucumbers - Year Round

Seedless with a thin, deep-green, unwaxed skin that is never bitter. The skin adds crunch to the refreshing flavour. Long English Cucumbers are great for salads, sandwiches, salsas, dressings, dips, sauces, soups, garnishes and cold vegetable platters.

#### Roma Tomatoes on the Vine - Year Round

Long, almost egg-shaped tomatoes with firm, red, meaty flesh, very few seeds and skin that is easy to peel. High acid level makes them perfect for sauces, soups and salsas. Roma tomatoes on the vine are hydroponically grown in a greenhouse.

# Sweetooth Peppers - Year Round

Long cone-shaped peppers with shiny, crunchy skins that cover thick, juicy walls. These peppers are sweeter than Sweet Bell peppers, and their tiny seed caps make them easy to cut into rings, enhancing presentation.

# Iron Gates Natural Farm & Pottery - 250-453-2273

Contact: Jan Krueger

Toll Free:

**Phone:** 250-453-2273

Cell: Fax:

**Email:** jankrueg@telus.net

Website:

Address:

Box 855

Ashcroft, BC V0K 1A0

Regions Supplied: Lower mainland Thompson okanagan

### **Company Notes:**

Most of our squashes and melons are grown from seeds collected by Native Seeds/Search of Tuscon, Arizona or the Seeds of Change organization. Our focus is in crops that have adapted to our northern growing conditions and have unique qualities of flower and storability.

### **Products Available:**

### Melons - Heirloom - Fall

Black Mountain watermelon: a black, red-fleshed watermelon. Sweet Siberian watermelon: an elongated, yellow-fleshed watermelon. Santo Domingo deep ribbed: a large, heavy, orange-fleshed melon, green to light yellow coloring, excellent rich melon flavour and aromatic. Oka melon: a Canadian heirloom from the Montreal area. Deep-ribbed, netted skin with orange, very sweet flesh and very aromatic. Banana melon: elongated, orange-fleshed melon with a green skin, on trial this year. Emerald gem melon: light-green, slightly netted skin with orange flesh, on trial this year. Prescot Fond Blanc melon: a deep-ribbed, warty-surfaced melon with orange flesh, on trial this year. Charentais melons.

### Apples - Fall

Mackintosh, Gravenstein, Transparent, Gala, Kings, Bramley, Empire, Wealthy, Sunrise, Belle de Boscoop, Spartan, Roxbury Russet, Newtown Pippin

#### Beans - Summer

Green and Yellow Beans

### Beets - Fall Summer

Firnabiva Beets (cylindrical beet, very sweet flavour and a good keeper)

### Butter Lettuce - Spring Summer

**Butter Lettuce** 

### Carrots - Fall Summer

Nantes and Touchon Deluxe Carrots

# Corn - Fall

Golden Jubilee corn

### Cucumber - Fall

Armenian Cucumber: a long, thin, lime-green cucumber having an edible skin and mild flavour.

# Fruits - Fall Spring Summer

Raspberries, Red and Black Currants, Nanking Cherries (a small red or white, semi-sweet cherry). Make excellent jams and sauces, whites look like large pearls. Bing and Van cherries, Apricots, Peaches, Green Gage Plums, Japanese Plums (small red plum with an orange flesh), Bartlett Pears.

#### Garlic - Fall

Italian Red garlic, hard necked; Chesnook garlic, hard necked; Georgian Fire garlic, hard necked; Russian Red garlic, hard necked; Lorz Italian garlic, soft necked; German red garlic, hard necked (in development, available in 2006).

#### Onions - Fall

Utah White onion (large, sweet white onion that is also used as a green onion when young), Utah Yellow onion (large, sweet yellow onion), Red Whitherspoon onion (flattened sweet red onion), Egyptian onion (a top setting onion, small in size, used as a shallot, pink colour when peeled, pungent when raw.) All onion varieties are good keepers.

#### Peas - Summer

Sugar and Standard Peas

### Peppers - Fall

Buran (a medium sized pepper with a tender skin and sweet flesh); Napoleon Sweet (a larger sweet pepper); Lemon Drop (a hot, small yellow pepper); Cyklon (an elongated, hot red pepper).

### Potatoes - Fall Summer

White Rose potato (fine textured potato having an elongated shape, much favoured by European customers in the West End farm market). Victoria yellow potato.

### Spinach - Summer

Spinach

### Squashes - Heirloom - Fall

Early Canadian Crook Necked Squash: a yellow, warty-surfaced, summer squash that doesn't cook down to mush. Penasco: a flattened, white to bluish, hard skinned Hubbard-like squash, fine textured and sweet. Average weight 15 lbs (heirloom). Mayo Blusher: a bluish, elongated squash with pinkish or orange colouring washing over the undercolour. Fine-textured with a flavour similar to sweet potato. Average weight 15-20 lbs (heirloom). Fordhook Acorn: a buff-coloured acorn-type squash. Guatemalan Blue Banana squash: an elongated, bluish-coloured squash (heirloom). Thelma Sanders Sweet Potato squash: a teardrop-shaped squash (heirloom). Kobacha: a buttercup-style squash with dense flesh and small seed cavity. True Pie Pumpkin, 4-7 lb: pumpkin that has a dense flesh that makes superior pumpkin purees (heirloom). Guatamala Blue Banana Squash: a large, dark orange-fleshed sqash having a cylindrical shape (heirloom). Spaghetti squash.

# Tomatoes - Fall

Black from Tula (a greenish, black to purple tomato having a fantastic flavour); Cherokee Purple (a greenish, purple tomato with great flavour); Brandywine (a large-sized red tomato with great flavour).

# Klippers Organic Acres - 250-499-2050

**Contact:** Kevin & Annamarie Klippenstein

Toll Free:

**Phone:** 250-499-2050

Cell:

**Fax:** 360-499-2050

**Email:** klippersorganics@nethop.net

Website:

### Address:

2205 Ferko Road, RR #1 S-88 C-11 Cawston, BC V0X 1C0

Regions Supplied: Lower mainland Thompson okanagan

# **Company Notes:**

We pride ourselves in picking everything vine ripened and tree ripened, which brings out more flavours. We sell only fresh items.

### **Products Available:**

# Dried Peaches - Year Round

Different sized bags available.

# Apple Chips - Year Round

Different sized bags available. Apples are kiln dried making them very crisp. Apple Nuggets are great for adding to dishes.

### Apple Juice - Year Round

48 oz jars. Mixture of organic apples. Cases 6 X 48 oz. Juice is made with all fresh apples.

### Apples - Fall Summer

Mutsu, Spartan, Golden, Red, Fuji, Macs.

### Dried Prune Plums - Year Round

Different sized bags available.

# Dried Tomatoes - Year Round

Different sized bags available.

### Eggplant - Fall Summer

4 different varieties. All picked vine ripened.

# Heirloom Tomatoes - Fall Summer

37 different varieties. All have unique flavours and are picked vine ripened.

### Italian Prune Plums - Fall Summer

Picked tree ripened

# Melons - Fall Summer

Cantelope, Honeydew, Watermelon, Musk melons. All picked vine ripened.

# Peppers - Fall Summer Winter

17 different varieties. Sweet peppers - Hot peppers. All picked vine ripened.

# Peppers - Fall Summer

17 different varieties. Sweet peppers - Hot Hot peppers. All picked vine ripened.

# Squash - Fall

12 varieties from Butternut - Spaghetti.

# Mariposa Organic Farm - 250-499-5379

**Contact:** Karl Eriksen/Sarah Martin

Toll Free:

**Phone:** 250-499-5379

Cell:

**Fax:** 250-499-5379

**Email:** mariposaorganicfarm@nethop.net

Website:

### Address:

S33 C10 RR1 Cawston, BC V0X 1C0

Regions Supplied: Lower mainland Thompson okanagan

### **Company Notes:**

Small family farm focused on getting the best quality food to the consumer. We use greenhouses and floating row covers to maximize continuity of supply through longest season possible. Careful handling of food at all stages maintains appearance and keepability.

#### **Products Available:**

### Field Cucumbers - Fall Summer

Focus on very early product with good continuity of supply. Picked as ordered for next day delivery. Careful attention to detail (turning) when harvesting prevents any yellow belly. Available in 20 or 40 lb boxes, packed in perforated cherry bag for freshness. Available seasonally.

### Head Lettuce - Spring

Living butter lettuce in a perforated lettuce bag with roots attached for maximum freshness. Kept clean while growing, requires minimal washing. Available seasonally.

# Long English Cucumbers - Fall Spring Summer

Large (11b) LE cuke hand wrapped and stickered. Soil grown for optimum flavour. Picked as ordered for next-day delivery. Best flavour of any LE cuke available. Available seasonally.

# Summer Squash - Fall Summer

Small spaghetti squash (2-3 lb) ready in August. Multiple selective harvests guarantee every squash is ripe and delicious. Available in 40 lb boxes. Available seasonally.

### Swiss Chard - Fall Spring

Multicolored, medium-sized bunches, picked fresh as ordered for next day delivery. Boxes of 12 or 24 bunches in a cherry bag to prevent wilting. Lightly misted with water. Not cheap, but guaranteed fresh and attractive. Available seasonally.

#### Tomatoes - Fall Summer

Started early in greenhouse but field-grown in heated rows for true field tomato taste out of season. Harvest begins in late June instead of August. Carefully picked at peak flavour for next day shipping. Only varieties that maintain firmness when red and sweet are grown. Packed in flat 20 lb. tray to avoid bruising. Available seasonally.

# Winter Squash - Fall Winter

Many popular varieties. Multiple selective harvests guarantee every squash is ripe and delicious. Careful handling prevents scarring and punctures. Looks great on displays at Thanksgiving. Custom packing of mixed varieties for multicoloured displays. Available



Origin Organic Farms Inc. - 604-940-3928 **Contact:** Connie Cheng **Toll Free: Phone:** 604-940-3928 Cell: Fax: 604-940-3968 **Email:** info@origino.ca Website: http://www.origino.ca Address: 6225-34B Avenue Delta, BC V4L 2N8 **Regions Supplied:** All of BC **Company Notes: Products Available:** Organic Mini Cucumbers - Fall Spring Summer Organic Beefsteak Tomatoes - Fall Spring Summer Organic Bell Peppers - Fall Spring Summer Organic Gemini Orange and Red Berry Tomatoes - Fall Spring Summer Organic Long English Cucumbers - Fall Spring Summer

Organic Sardinia Cocktail Tomatoes - Fall Spring Summer

Organic Tomatoes on the Vine - Fall Spring Summer

# Silverhill Orchard - 604-820-7957

**Contact:** Sonja Barker

**Toll Free:** 

**Phone:** 604-820-7957

Cell:

**Fax:** 604-820-7957

**Email:** ethicalgrower@telus.net

Website:

### Address:

30111 Silverhill Avenue Mission, BC V4S 1H9

**Regions Supplied:** Lower mainland

### **Company Notes:**

All the products we sell are grown by us on our own property or made from produce we grow. Using non-invasive, integrated pest management techniques and zero pesticide use, we grow as naturally as possible. Visitors are encouraged to visit our orchard and to see for themselves. All of our produce is grown as nature intended. We do not use any pesticides, synthetic or organic, under any circumstances.

#### **Products Available:**

### Garden Produce - Fall Summer

A wide selection of produce, which includes our own special salad blend with arugula.

### Apple Cider Vinegar - Winter

Natural, double-fermented, unfiltered Apple Cider Vinegar including Raspberry and Blackberry.

### Apple Juice Syrup - Year Round

Great on pancakes.

### Free Range Eggs - Year Round

"Happy Hen" free range eggs - our 100 chickens have 4 acres of fenced land to roam on.

# Heirloom Tomatoes - Fall Winter

We have seed for more than 100 varieties, so selection varies from year to year.

### Heritage Apples - Fall Winter

35 varieties of Heritage Apples including culinary types such as Bramley, Boskoop, Glockenapfel, Sunrise, Elstar and Creston. The last three are just great in waldorf salad, are really crisp and resist browning.

### Jams, Jellies and Chutneys - Year Round

Apple Ginger Chutney, Quince, Crabapple, Blackberry and Raspberry jams and jellies.

# Taves Family Farm - Applebarn - 778.241.1822

Joslin Sanderson **Contact:** 

Toll Free:

**Phone:** 778.241.1822

Cell:

888.345.8972 Fax: **Email:** info@applebarn.ca Website: http://www.applebarn.ca

# Address:

333 Gladwin Rd. Abbotsford, BC V2Y 5Y1

**Regions Supplied:** All of BC

# **Company Notes:**

Locally grown produce, berries, apples & pumpkins. Catering to restaurants, markets, and families. Call us to experience a taste of the country.

We also grow: Black Currants - Summer Red Currants - Summer Pink Currant - Summer Red Gooseberries -Summer Green Gooseberries - Summer Corn - Late Summer & Fall Apples (several varieties) Late Summer & Fall Pumpkins - Fall Bell Peppers (yellow, orange, green & red) - Spring, Summer, & Fall Stiletto Peppers very sweet - Spring, Summer, & Fall

### **Products Available:**

# Cherry - Fall Spring Summer

These are grown hydroponically in our greenhouse and are crisp and flavorful. These are great for salads or vegetable skewers.

# Beefsteak Tomatoes - Fall Spring Summer

We grow large crisp beefsteak tomatoes in our greenhouse. These are great for salads or burgers.

### Butter Head Lettuce - Year Round

We grow beautiful butterhead lettuce hydroponically in our greenhouse. We leave the roots stock on the lettuce to increase it's shelf life.

# Heirloom Tomatoes - Fall Spring Summer

We grow a variety of heirloom tomatoes that are a variety of colours. The flavor of these tomatoes is exceptional and is a great addition to any salad.

### Apple Cider - Fall Winter

We press our own Apple Cider here on our farm made from our own apples. We do not add water or any other ingredients to our Apple Cider. You can get the cider two different ways:Fresh Cider: is UV light pasteurized and is served in plastic containers (like milk jugs). This has a two week shelf life. Glass: Our cider that is served in our unique glass jugs is boiled and will keep on a shelf for years. It only needs to be refrigerated after it has been opened.

### Black Currant and Red Currant Jams - Year Round

On our farm we also grow currants and have made our own black currant and red currant jams. This can be ordered in either 250ml or 125ml class jars.

### Campari Tomatoes - Fall Spring Summer

The red plump tomatoes are a great size for salads and are also grown in our greenhouse.

# Long English Cucumbers - Year Round

Our Long English Cucumbers are a consistent size and have a great flavor. They are grown in a hydroponic greenhouse and we have an aggressive IPM program to reduce or eliminate the need for sprays.

### Mini Cucumbers - Year Round

Our mini cucumbers are very sweet and crunchy. They are grown in a hydroponic greenhouse and we have an aggressive IPM program to reduce or eliminate the need for sprays.

# Red Pepper Jelly - Year Round

We also have a greenhouse where we grow an assortment of veggies, including peppers. We have used the peppers to make a red pepper jelly. This is a spicy red pepper jelly containing jalepenos but it is great with mozzarella sticks, pizza or on chicken.

# Spiced Apple Cider - Fall Winter

We also make another variety of the same cider but we add mulling spices. This is popular at Christmas time and is great cold or served as a warm cider. Some restaurants we have sold to add rum to this warm drink at Christmas time and tell me it is quite popular. The Spiced Cider comes in glass only for clients who are re-selling it but for serving purposes it can be sold in plastic with about a 6 week shelf life.

# TSR Farms - 604-823-4475

**Contact:** Sue Knudsen

**Toll Free:** 

**Phone:** 604-823-4475

Cell:

**Fax:** 604-823-6675

Email: sueknudsen@shawcable.com

Website:

### Address:

42784 South Sumas Road Chilliwack, BC V2R 4L7

**Regions Supplied:** Lower mainland

# **Company Notes:**

Family-run farm, no heating, no artificial light, all naturally grown. We use bugs to fight bugs. We sell mostly in the Fraser Valley and a small amount in the Cariboo.

### **Products Available:**

# Green, Yellow, Orange - Fall Summer

No pesticides, no forced production, vine ripened. Picked fresh when ordered for best shelf life.

### Flamingo Long English Cucumbers - Fall Summer

No pesticides, green house grown - not forced. You can buy one cuke to hundreds at a time. Fresh picked when ordered to give good shelf life and great flavour.

# Quest Beefsteak Tomatoes - Fall Spring Summer

Greenhouse grown, not forced, pesticide free. You can buy 1 tomato to hundreds of pounds. Not pre-picked; picked fresh to fill the order placed. Vine ripened.