SPECIALTY FOOD DIRECTORY



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## A & L Gardens - 250-499-5492

Contact:Art and Lina NugterenToll Free:250-499-5492Phone:250-499-5492Cell:250-499-5492Fax:250-499-5492Email:artandlina@nethop.netWebsite:

Address: 2281 Agar Rd Cawston, BC VOX ICO

Regions Supplied: Kootenay Lower mainland Thompson okanagan Vancouver island

## **Company Notes:**

We have been growing organically since 1997 and have worked on other organic farms since 1989. We have been growing specialty items for a number of years. We can grow items if we are contacted early in the year. Many items are started in our own greenhouse.

## **Products Available:**

Hot and Sweet Peppers - Summer Mixed varieties. Available July-October.

Baby Zucchini - Fall Summer Mixed varieties 10 lb case.

Fresh Herbs - Fall Summer Basil, oregano, chives, thyme and sage

Grape and Cherry Tomatoes - Fall Summer Mixed varieties

Nugget Potatoes, Red and White - Spring Available the first two weeks of June

Tomatoes - Roma and Field - Fall Summer Available August - October

Winter Squash - Fall Mixed varieties

# Canyon City Farm - 250-428-7835

Contact: Randy & Annette Moore Toll Free: Phone: 250-428-7835 Cell: Fax: 250-428-7835 Email: moorebc@shaw.ca Website:

Address: 5089 Canyon-Lister Road Canyon, BC V0B 1C1

Regions Supplied: Kootenay

## **Company Notes:**

We are a family-operated organic farm. We sell to retail outfits, as well as gate sales.

### **Products Available:**

Organic Squash - Fall Summer Winter

Organic Beets - Fall Summer Winter

Organic Carrots - Fall Summer Winter

Organic Onions - Fall Summer Winter

Organic Parsnips - Fall Summer Winter

Organic Potatoes - Fall Summer Winter

# Eagle River Organics - 250-836-4333

Contact: Linda Kucera/WM.Dyck Toll Free: Phone: 250-836-4333 Cell: Fax: Email: Website:

### Address:

1754 Trans Canada Hwy. Sicamous, BC V0E 2V1

## Regions Supplied: Kootenay Lower mainland Thompson okanagan

### **Company Notes:**

Eagle River Organics is a 10-acre farm with six acres in gardens with a large variety of organic vegetables. For markets and quantity buyers with quality as our number one priority.

## **Products Available:**

#### Sugar Pie Pumpkins - Fall Winter

400 - 500 lbs. Fall harvest; average size 7" diameter. Excellent for cooking and stores well.

#### Beets - Fall Summer

5000 lbs. - Available starting August. Early Wonder Beet - Globe-shaped, bunching beets, excellent taste and colour. Cylindra Beet - Great for slicing and dicing; good storage.

#### Carrots - Fall Summer

5000 - 10,000 lbs available starting August 15th. Excellent flavor, sweetness and texture that holds long into storage.

### Fingerling Potatoes - Fall Summer

2500 - 3000 lbs - Specific siling. Available July 15th (approximately).

#### Grapes - Fall Summer

Table grapes - Candice and Coronation varieties available. Excellent sweet flavour.

### Parsnips - Fall Spring Winter

2000 lbs - Available October through to March; sweet taste. Specific sizing at start of season.

## Salsify - Fall

500 lbs. Delicious flavour; fall harvest.

### Sunchokes - Fall

500 lbs - Fall harvest, excellent for cooking.