SPECIALTY FOOD DIRECTORY



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### Contents

A & L Gardens - 250-499-5492	2
BC Hot House Foods Inc 604-507-6215	3
Cowichan Valley Organic Farms - 250-748-8089	4
Origin Organic Farms Inc 604-940-3928	6
Pattison Farms - 250-897-2510	7
Similkameen River Organics - 250-499-5805	10

# A & L Gardens - 250-499-5492

Contact:Art and Lina NugterenToll Free:250-499-5492Phone:250-499-5492Cell:250-499-5492Fax:250-499-5492Email:artandlina@nethop.netWebsite:

Address: 2281 Agar Rd Cawston, BC VOX ICO

Regions Supplied: Kootenay Lower mainland Thompson okanagan Vancouver island

### **Company Notes:**

We have been growing organically since 1997 and have worked on other organic farms since 1989. We have been growing specialty items for a number of years. We can grow items if we are contacted early in the year. Many items are started in our own greenhouse.

### **Products Available:**

Hot and Sweet Peppers - Summer Mixed varieties. Available July-October.

Baby Zucchini - Fall Summer Mixed varieties 10 lb case.

Fresh Herbs - Fall Summer Basil, oregano, chives, thyme and sage

Grape and Cherry Tomatoes - Fall Summer Mixed varieties

Nugget Potatoes, Red and White - Spring Available the first two weeks of June

Tomatoes - Roma and Field - Fall Summer Available August - October

Winter Squash - Fall Mixed varieties

# BC Hot House Foods Inc. - 604-507-6215

Contact:Devon KennedyToll Free:604-507-6215Phone:604-507-6215Cell:604-576-5498Fax:604-576-5498Email:devonk@bchothouse.comWebsite:http://www.bchothouse.com

Address: 5355 152nd Street Surrey, BC V3S 5A5

#### **Regions Supplied:** All of BC

#### **Company Notes:**

Taste Buddies Miniature Vegetables - these products are cool in appearance and make unique side dishes and snacks. They're easy to use and have many applications. Most of all, they are fun to eat!

#### **Products Available:**

#### Mini-Cucumbers - Year Round

These are the mini versions of the Long English Cucumbers that are smaller in size and diameter. The texture is a little crunchier, and the deliciously sweet flavour makes them excellent to snack on by themselves or in salads, cold vegetable platters or as garnishes. Kids love them!

#### Campari Tomatoes on the Vine - Year Round

Vibrant red, cocktail-sized tomatoes. They are hydroponically grown in greenhouses and are about 2" in diameter. These tomatoes offer vine-ripened, fresh flavour and are sold in clusters on the vine to ensure peak freshness and flavour.

#### Long English Cucumbers - Year Round

Seedless with a thin, deep-green, unwaxed skin that is never bitter. The skin adds crunch to the refreshing flavour. Long English Cucumbers are great for salads, sandwiches, salsas, dressings, dips, sauces, soups, garnishes and cold vegetable platters.

#### Roma Tomatoes on the Vine - Year Round

Long, almost egg-shaped tomatoes with firm, red, meaty flesh, very few seeds and skin that is easy to peel. High acid level makes them perfect for sauces, soups and salsas. Roma tomatoes on the vine are hydroponically grown in a greenhouse.

#### Sweetooth Peppers - Year Round

Long cone-shaped peppers with shiny, crunchy skins that cover thick, juicy walls. These peppers are sweeter than Sweet Bell peppers, and their tiny seed caps make them easy to cut into rings, enhancing presentation.

## Cowichan Valley Organic Farms - 250-748-8089

Contact: David Wiebe Toll Free: Phone: 250-748-8089 Cell: Fax: Email: DavidW3@telus.net Website:

Address: 6182 Lakes Road Duncan Road, BC V9L 4J5

Regions Supplied: Vancouver island

#### **Company Notes:**

Cowichan Valley Organic Farms, situated one hour north of Victoria, lies on the outskirts of Duncan. The valley is renowned for its fertile soils and excellent climate as denoted by the name Cowichan (Warmland). The climate is conducive to growing to maturity hot weather crops such as peppers, melons, tomatoes and others. Cowichan Valley Organic Farms, is an Islands Organic Producers Association (IOPA) member in good standing and has been certified organic since 1998. We have been providing quality organic produce to restaurants, grocery stores and home delivery programs in the Cowichan and Victoria areas for the past eight years and look forward to expanding our production and market. We love what we do.

**Products Available:** Melons - Fall Summer Certified Organic - Seasonal **Basil - Spring Summer** Certified Organic - Seasonal Beets - Fall Summer Certified Organic - Seasonal Broccoli - Summer Certified Organic - Seasonal Carrots - Fall Summer Certified Organic - Seasonal Cauliflower - Summer Certified Organic - Seasonal English Cucumbers - Fall Summer Certified Organic - Seasonal Lettuce - Spring Summer Certified Organic - Seasonal

Peas - Summer Certified Organic - Seasonal

Peppers - Fall Summer Certified Organic - Seasonal

Potatoes - Fall Summer Certified Organic - Seasonal

#### Pumpkins - Fall Summer Certified Organic - Seasonal

Radishes - Summer Certified Organic - Seasonal

Squash - Fall Summer Certified Organic - Seasonal

### Strawberries - Summer

Certified Organic - Seasonal

#### Tomatoes - Fall Summer Certified Organic - Seasonal

# Origin Organic Farms Inc. - 604-940-3928

Contact:Connie ChengToll Free:Connie ChengPhone:604-940-3928Cell:604-940-3968Fax:604-940-3968Email:info@origino.caWebsite:http://www.origino.ca

Address: 6225-34B Avenue

Delta, BC V4L 2N8

**Regions Supplied:** All of BC

**Company Notes:** 

Products Available:

Organic Mini Cucumbers - Fall Spring Summer

Organic Beefsteak Tomatoes - Fall Spring Summer

Organic Bell Peppers - Fall Spring Summer

Organic Gemini Orange and Red Berry Tomatoes - Fall Spring Summer

Organic Long English Cucumbers - Fall Spring Summer

Organic Sardinia Cocktail Tomatoes - Fall Spring Summer

Organic Tomatoes on the Vine - Fall Spring Summer

# Pattison Farms - 250-897-2510

Contact: Gerry Pattison Toll Free: Phone: 250-897-2510 Cell: Fax: 250-337-8772 Email: patfarm@telus.net Website:

Address: 2124 Dzini Rd Black Creek, BC V9J-1H1

Regions Supplied: Vancouver island

#### **Company Notes:**

All of the vegetables grown on our family farm are British Columbia Certified Organic, PACS # 16-115. We grow everything from seed to maturity ourselves. Each vegetable is hand planted, weeded and harvested to ensure the very best in taste, quality and freshness. We grow many varieties of heritage and open-pollinated vegetables. Also available are certified organic, vegetable bedding plants. Basil: Standard, Green Ruffled, Purple Standard, Purple Ruffled, Thai, Lime. Cucumbers: Long English, Standard, Lemon. Forty varieties of Tomatoes, many open-pollinated and heritage varieties. Hot Peppers: many varieties from Jalapeno to Habanaro. Sweet Peppers: Bells, Sweet Banana and Pepprocini. Eggplant: Standard, Japanese, Turkish and Fairytale. Tomatillos: Green and Purple. Thank you for your interest in our family farm.

#### **Products Available:**

Winter Beets - Fall Winter Winter Keeper (very sweet)

Beans - Summer Green and yellow

Beets - Summer Beet Greens; Standard Beets; Cylinder Beets; Yellow Beets.

Broccoli - Summer Standard Broccoli, crowns and shoots.

Carrots - Summer Orange Baby; Yellow Baby; Purple Baby; Red Baby.

Cauliflower - Summer Purple; Orange; Romanesco.

Cucumber - Summer Long English and Lemon

Eggplant - Summer

Standard Purple; Fariy Tale Baby; Turkish-Orange with Green Stripes; Japanese Long.

Endive - Summer Head, green leaf

Fennel - Summer Baby Bulbs

Green Bunching Onions - Summer

#### Hot Peppers - Green House Grown - Summer

Habanero Red; Jalapeno Green; Jalapeno Purple; Thai Dragon Chile; Hungarian; Hot Wax Banana; Ancho; Serrano; Paprika; plus a limited amount of other exotic hot peppers.

Kohl-Rabi - Summer Green Baby Bulb

Lettuce -

Parsnips - Fall Winter

Peas - Summer Shelling, Sugar and Snap Peas

Pumpkins - Fall Standard Jack-o-Lantern; French Red Roasting.

Radish - Summer Red, Easter Egg

Spinach - Summer

Summer Squash - Summer Baby Yellow Patty Pan; Baby Yellow Zucchini; Baby Green Zucchini.

Sweet Peppers - Green House Grown - Summer Green Bell and Sweet Banana.

Swiss Chard - Summer Bright Lights

Tomatillo - Summer Standard Green and Purple

Tomatoes - Green House Grown - Summer

Red Slicing; Roma-Red; Yellow; Cherry Tomatoes - Red Standard, Yellow Standard, Black Standard, Red Grape and Yellow Grape.

Tree Fruit -Bartlett Pears and Apples

#### Variety of Herbs - Spring Summer

Basil - Green Standard and Ruffled, Purple Ruffled. Chives - Broad Leaf. Cilantro - Flat Leaf and Fancy Leaf. Parsley - Italian Giant. Dill - Baby Dill. Fennel- Baby Fino Bulbs.

#### Winter Squash - Fall Spaghetti and Butternut

Yellow Roasting Carrot - Fall Winter

## Similkameen River Organics - 250-499-5805

Contact:Qi HaiqinToll Free:250-499-5805Phone:250-499-9789Cell:250-499-9789Fax:250-499-5905Email:georgenqi@nethop.netWebsite:

Address: 186 Chopaka Road Cawston, BC V0X 1C3

Regions Supplied: Lower mainland Vancouver island

#### **Company Notes:**

We specialize in #1 Canada organic Red and Yellow onions and shallots. We sell certified organic vegetables, 23 varieties, hand weeded, harvested, dried, inspected and packed to insure the finest quality. We guarantee all of our products.

### **Products Available:**

Peppers - Year Round Sweet and Hot.

Basil and Other Herbs - Year Round

Cabbage, Red and Green - Year Round

Eight Varieties of Onions - Year Round

Shallots, Garlic - Year Round

Squash - Eight Varieties - Year Round Decorative gourds and squash as well.

Three Varieties of Leeks - Year Round