SPECIALTY FOOD DIRECTORY



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# Ace Curries To Go Ltd. - 604-761-2433

Contact:Vikram BajajToll Free:Phone:604-761-2433Cell:Fax:604-986-5667Email:info@acecurriestogo.comWebsite:http://www.acecurriestogo.com

## Address:

1294 E. Keith Road North Vancouver, BC V7J 3S3

# Regions Supplied: All of BC

# **Company Notes:**

We Manufacture Food Service size Curry Sauces and Spice Rubs and Blends. Customized Flavours to create signature dishes for your restaurant or deli.

# **Products Available:**

Curry Kits - Year Round Butter Chicken and Chickpea Curry with Basmati Rice Prawn Vindaloo with Black lentil Curry with Basmati Rice Beef curry with Dal Fry (lentil Curry) with Basmati Rice

## Curry Lentil Risotto Kits - Year Round

Spices, lentils, rice and all instructions included, just buy the fresh items.

## Curry Sauces - Year Round

1 Lt. Jars and 5 Lt. Pails. Butter Chicken, Hot Curry, Coconut Curry and Vindaloo Curry.

## Curry Spice Blends - Year Round

No Salt No MSG All Fresh Roasted Spices ground Sieved and Blended in House. 50 g Bags and 75g jars. Available in 75 g Jars Butter Chicken, Chicken Curry Tandoori, Vindaloo, Tikka, Masala and Lentil

# Auntie Bev Foods - 604-931-6994

<b>Contact:</b>	Beverely Piprah
<b>Toll Free:</b>	
Phone:	604-931-6994
Cell:	
Fax:	604-931-6164
Email:	mailbag@auntiebevfoods.com
Website:	http://www.auntiebevfoods.com

Address:

312 Sorrento Place Coquitlam, BC V3K 6P4

Regions Supplied: Lower mainland North coast Thompson okanagan Vancouver island

# **Company Notes:**

Carribean-flavoured products using all natural ingredients.

## **Products Available:**

Auntie Bev All Purpose Seasoning - Year Round

## Auntie Bev Hot Table Sauce - Year Round

Auntie Bev's NEW Hot Sauce is a HOT! spicy all purpose table sauce made from real Jamaican 'Scotchbonnet peppers'. It has a distinctive Jamaican flavor as well as the "Heat" you look for in a HOT sauce. Use it at the table and also in the kitchen to kick up the flavour of soups, dips and more! It comes in a convenient 150ml (5 oz) bottle. 12 in a case.

## Auntie Bev Jerk Marinade/Sauce - Year Round

This spicy and zesty marinade/sauce has that wonderful Caribbean Jerk flavor that can only be found in Jamaica. Auntie Bevs Jerk BBQ Marinade

# Aunty Penny's Gourmet Specialties - 250-751-1081

Contact: Penny Gordon Toll Free: Phone: 250-751-1081 Cell: Fax: Email: auntypenny@shaw.ca Website:

Address: 841 Grouse Place Nanaimo, BC V9T 5A4

# Regions Supplied: Lower mainland Thompson okanagan Vancouver island

# **Company Notes:**

We are able to develop and produce other products upon request. We enjoy custom designing jellies, relishes and chutneys and have developed many unusual recipes, including wine and beer jellies and relishes. We are not only a producer of Canadian Association of Specialty Food's Award-winning antipasto and jellies but also enjoy developing recipes and co-packing for others. Confidentiality is assured.

# **Products Available:**

# Aunty Penny's Beet Chutney - Year Round

An unusual and unique way of serving beets, blended with onions, dates, oranges and wonderful spices, you'll want to eat it straight from the jar! Available in 190 ml jars or larger sizes upon request.

# Aunty Penny's Antipasto - Year Round

Started as a home business 20 years ago, now processed under my personal supervision at St. Jean's Cannery in Nanaimo. This product is made in three flavours - Original (with tuna), Vegetarian (with a garden-fresh taste) and Hot

# Aunty Penny's Peach 'n Pepper Picante Sauce - Year Round

Peach-flavoured pepper jelly which is delicious served on cream cheese and crackers, as a fruit dip or as a glaze for meats. Beautifully packaged, it is available in 125 ml and 250 ml jars, or larger sizes upon request.

## Aunty Penny's Tomato Ginger Chutney - Year Round

A very spicy blend of tomatoes, onions, ginger and spices, this is a fairly hot condiment which complements many Indian curries and vegetable dishes. Attractively packaged in 190 ml jars or larger sizes upon request.

# Barsi Group, The - 250-729-9930

<b>Contact:</b>	Nelson Barsi
<b>Toll Free:</b>	888-698-2433
Phone:	250-729-9930
Cell:	
Fax:	250-729-7510
Email:	nelson.barsi@telus.net
Website:	http://www.chefbarsi.com

## Address:

2214 Sun Valley Drive Nanaimo, BC V9T 6E8

# Regions Supplied: Lower mainland Thompson okanagan Vancouver island

# **Company Notes:**

We process and distribute specialty gourmet products that are flavourful and unique in taste. Produced in small batches without preservatives, our quality speaks to our customers. BUY IT! TRY IT!

# **Products Available:**

# Thistle - Year Round

250 ml. Use as a jelly, not just a dip. Condiment for all meats, fish, eggs, with cheese or on bread or toast.

## Thistle - Year Round

Unique flavour - a blend of red wine vinegar, red peppers, tomato paste, soy sauce and spices. Add to gravy, soups, stews, casseroles, BBQ sauce, or dipping sauce. Table sauce for fish stir-fry. Marinade/baking sauce.

## Thistle - Year Round

Fat and oil free, made with honey, mustard and spices. Condiment for all meats. Fat-free salad dressing. Dipping sauce for veggies/chicken fingers. BBQ sauce for chicken and pork. Marinade/baking sauce.

# Basil Olive Oil Products Ltd. - 604-460-0087

Contact:Helen KoutalianosToll Free:604-460-0087Phone:604-465-7594Fax:604-465-7594Email:sales@basiloliveoil.comWebsite:http://www.basiloliveoil.com

Address: 18939 120b Avenue Pitt Meadows, BC V3Y 1W3

Regions Supplied: All of BC Lower mainland North coast Thompson okanagan Vancouver island

# **Company Notes:**

Single estate producer of Certified Organic Extra Virgin Oilive Oil in the new harvest. We specialize in quality. Please visit www.basiloliveoil.com for all of our specialty Products.

We also offer:

USDA Certified Organice Golden Olive Anastasia Hand Made Extra Virgin Olive Oil Castile Soap. Gentle with no Additives, No Colours, No Fragrance.

Golden Olive Theodora Essential Rose Oil Mosturizer made with Certified Organic Extra Virgin Oilve Oil. Simple Body care that works.

Golden Olive Vassiliki Kalamata Olive Tapenade ready to use, Quality Olive Tapenade 1 kg Jars x 6 per case available for the service Industry and also in retail sizes 140 G X 12 per case.

# **Products Available:**

# Cracked Green Olives - Year Round

Certifed Organic Golden Olive Vassiliki Cracked Green Olives curred with Anise and Lemons in Sea Salt Brine. 5 kg pails. Small Artisian Producer Greece.

# Agrinion Olives (Brown) - Year Round

Certifed Organic Golden Olive Vassiliki Agrinion Olives Jewel (Brown) Cured with Celery Lemons in Sea Salt Brine, 5kg pails. Small Artisian Producer Greece.

# Agrinion Olives (Green) - Year Round

Certifed Organic Golden Olive Vassiliki Agrinion Olives Blond (Green) cured with Celery

# Balsamic Vinegar - Year Round

Certified Organic Golden Olive Evangeline Corinthian Currant Raisin Balsamic Vinegar 6X2L Jugs for the service Industry. No colours, no surgard, no additives. Aromatic and Flavourful. Diabetic Friendly. Greece available in Retail Size 250 ml.

# Kalamata Olives - Year Round

Certified Organic Golden Olive Vassiliki Kalamata Olives, 5 Kg. Pail cured with Sea Salt Brine and Wine Vinegar, Small Producer Greece

# Olive Oil - Year Round

Certified Organic Golden Oilive Eleni Extra Virgin Olive Oil. 6 X 2L jugs for the service industry. New Harvest under .05% acidity, Fresh Oiive Oil Single Estate Producer, Greece. Available in retail sizes 500 ml and 250 ml.

# BEERBQ SAUCE - 604-868-6201

Contact:Paul Lucas PatersonToll Free:Phone:604-868-6201Cell:Fax:Email:info@c-d-g.comWebsite:http://www.BEERBQ.ca

## Address:

7366 Montecito Drive Burnaby, BC V5A 1R6

# **Regions Supplied:** All of BC

## **Company Notes:**

BEER-B-Q sauces are made from all natural ingredients. BEER-B-Q sauces are made with Vancouver Island's Piper's Pale Ale. BEER-B-Q sauces are made with Peace River Dark Clover Honey.

## **Products Available:**

#### Mild BEER-B-Q Sauce - Year Round

BEER-B-Q Sauce is a sweet and spicy, all natural, all-in-one wonder sauce. Excellent with Chicken, Pork, Beef, Lamb, Seafood, Tofu, Eggs, Legumes and Veggies.

Marinate, baste, barbeque, bake, saut  $\tilde{A}$ <sup>©</sup>, or add zip to sauces, dips and dressings.

## Original BEER-B-Q Sauce - Year Round

BEER-B-Q Sauce is a sweet and spicy, all natural, all-in-one wonder sauce. Excellent with Chicken, Pork, Beef, Lamb, Seafood, Tofu, Eggs, Legumes and Veggies.

Marinate, baste, barbeque, bake, sauté, or add zip to sauces, dips and dressings.

## Super Spicy BEER-B-Q Sauce - Year Round

BEER-B-Q Sauce is a sweet and spicy, all natural, all-in-one wonder sauce. Excellent with Chicken, Pork, Beef, Lamb, Seafood, Tofu, Eggs, Legumes and Veggies. Marinate, baste, barbeque, bake, sauté, or add zip to sauces, dips and dressings.

# Blackberry Hill Farm - 604 258 PIES

Contact: Chris Hoekstra Toll Free: Phone: 604 258 PIES Cell: Fax: Email: choeks@telus.net Website:

Address: 8815 B Selkirk St. Vancouver, BC V6P 4J6

## Regions Supplied: Lower mainland Thompson okanagan

## **Company Notes:**

Blackberry Hill Farm is a family owned business that makes our products by hand, the old fashioned way. Our gournet pies, Montreal Style Bagels, assorted bakery items and our specialty preserves, jellies and syrups are the best in town.

## **Products Available:**

Blackberry Hill Specialty Syrups - Year Round Unique flavours and come in several varieties.

## Assorted Squares, Cookies and Cakes - Year Round

These gourmet treats are made by hand in small batches. Recipes created by a pastry chef, the CEO of the company. Quality and taste are superior - you can taste the difference.

## Gourmet Pies - Year Round

Available freshly baked, take and bake style or frozen. Made to order with any variety of berries and fruit. Also available: pumpkin pies, meringue and cream pies. Sizes available 4", 9" or 10" deep. Made by hand, with local ingredients used; purchased from local farmers' markets. Can use organic produce upon request. Pies are non- trans fat. Packaging options available. Normally 24 hours notice required for order, depending on size.

## Montreal Style Bagels - Year Round

Made in small batches, these are the real deal. Dough is proofed, frozen, boiled and then baked, which creates the true Montreal bagel, flavourful and chewy. Many flavours are available: original, multigrain, whole wheat, sour dough/rye, cheese, jalapeno, etc. Bagels are available freshly baked or frozen. If supplied frozen, they need to be baked for about 35 minutes, providing retailer ability to sell them freshly baked. Spelt bagels are also available.

#### Specialty Preserves and Jellies - Year Round

Tempting flavours such as Tequila Pepper Jelly, Hot Cranberry Jelly and Onion Marmalade give inspiration to home cooks and chefs alike. These unique preserves come in sizes from 250 ml and up. Looking for a specific flavour? We have over 30 varieties.

# Caramoomel Products Incorporated - 888-765-0574

Contact:Anne HatcherToll Free:888-765-0574Phone:888-765-0574Cell:250-765-8528Fax:250-765-8528Email:caramoomel@telus.netWebsite:http://www.caramoomel.com

Address: 2105 Morrison Road Kelowna, BC V1X 4W4

Regions Supplied: Kootenay Lower mainland Thompson okanagan Vancouver island

# **Company Notes:**

Caramoomel Spreads & Sauces "Inspired by Family Tradition Created with Wholesome Quality To serve the World Delectable Goodness"

All of our products are all natural, no artificial flavours or colours, all of them are Hand-crafted on our Facility on our farm in Kelowna, BC. All our labels are family designed.

All of our food creations are all natural, no artificial flavours or colours, all of them are Hand-crafted on our Facility on our farm in Kelowna, BC.

# **Products Available:**

# Golden Millenium Wine Jelly - Year Round

Another version of our whitewine jelly combined with 24k Gold FLakes that are delicately suspended in the clear beautiful locally produced white wine. 24k Gold is the only metal absored by the body and it adds a festive flair to this wine jelly. Available in 125ml jars.

# Apple Butter - Year Round

This is our family recipe which has been a popular hit with family, friends and clients alike. All natural ingredients ,we use our own apples, locally produced honey, cinnamon, pectin and citric acid. This Apple butter is creamy, sweet like eating apple pie in a spread. Lovely on toast, with pork, ham, salmon, tons of recipe ideas can be found on our website or by request. 40 cases of 12 jars per batch Hand-crafted on our Facility on our farm in Kelowna, BC. All our labels are family designed. This product is available in 250ml

# Caramel Spreads - Year Round

A line of family recipes, creamy caramel spreads made primarily with milk treated with lactase for dairy sensitive diets. Original Caramel, Belgian Chocolate Caramel, Chocolate Raspberry Caramel and Chocolate Grand Marnier finishes of this wonderful decadent line of caramel spreads inspired by Dulce de Leche. Available in 125ml

## Cherry Wine Jam - Year Round

Using our own cherries and local red wine, we make this tasty jam. Available in 250ml

# Coffee Lover's Caramel Sauce - Year Round

The best Caramel sauce ever! Antonia's take on caramel takes a new height with this addictive sauce. Just fabulous on ice cream, desserts, fruit and of course coffee. available in 200ml bottles.

## Garlic Eggplant Spread - Year Round

A unique original recipe creamy tasty all natural spread made from our own grown eggplants and garlic combined with vinegar, herbs and spices. This product can can be enjoyed on its own from the jar or used in recipes, like dips, pastas, fish, chicken, beef, on crackers plus more. 40 cases of 12 jars per batch Hand-crafted on our Facility on our farm in Kelowna, BC. All our labels are family designed. This product is available in 250ml

#### Hot Garlic Pepper Wine Jelly - Year Round

This product is an original family recipe that has wonderful levels of flavour. Sweet, Garlic, Spicy flavours add up this terrific wine jelly. We use local wine makers for our wine products and locally grom vegetables. Hot Garlic Pepper wine jelly is great for Asian inspired dishes, chicken, fish, ham, pork, on a bagel, toast, endless possibilities. 40 cases of 12 jars per batch Hand-crafted on our Facility on our farm in Kelowna, BC. All our labels are family designed. This product is available in 250ml

#### Hot Ginger Apple Butter - Year Round

All natural ingredients ,we use our own apples, locally produced honey, ginger, cinnamon, hot pepper, pectin and citric acid. This Apple butter is creamy, sweet like eating apple pie with a zesty kick. Lovely on toast, with pork, ham, salmon, tons of recipe ideas can be found on our website or by request. 40 cases of 12 jars per batch Hand-crafted on our Facility on our farm in Kelowna, BC. All our labels are family designed. This product is available in 250ml

#### Ice Wine Jelly - Year Round

Crisp, Sweet, Fresh wine jelly made with a true locally made Ice Wine. Available in 55ml jars.

## Maple Jelly - Year Round

Original recipe, we use high grade Quebec Maple Syrup to bring our clients this sweet, smooth maple jelly. available in 125ml jars.

#### Veggie Caviar - Year Round

We have the North American trademark on the name of our best selling all natural original family recipe vegetable spread. It is a wonderful zesty combination of 7 locally grown vegetables (5 grown on our own farm) Tomatos, Carrots, Zucchini, Bell Peppers, Eggplant, Beets, Garlic blended with Vinegar, Herbs and Spices. Veggie Caviar can be enjoyed on its own from the jar or used in recipes, like dips, pastas, fish, chicken you name it. 40 cases of 12 jars per batch Hand-crafted on our Facility on our farm in Kelowna, BC. All our labels are family designed. This product is available in 250ml

#### Wine Jellies - Year Round

Pinot Noir, Pinot Gris, Blush and Mulled wine jellies have been praised by our clients as the best wine jellies time and time again. We do not use any preservatives, additives or artificial colours in any of our products. We prefer the natural colours of our award winning local wines to make our wine jellies stand out. Hand-crafted available in 125ml jars.

## Wine Lover's Dark Chocolate Wine Sauce with Merlot - Year Round

A delicious elegant sauce, delicately combining the best Dark Belgian chocolate with a robust Merlot wine made by Okanagan wine makers. This is quickly becoming a much on demand sauce. An original recipe by Antonia Dudka, founder of Caramoomel Products. It is wonderful for desserts, coffee, fruit. Hand-crafted bottle per bottle, we create this sauce by order. Made on our facility on our farm in Kelowna, BC. All our labels are family designed. This product is available in 200ml size bottles.

#### Wine Lover's White Chocolate white Riesling Wine Sauce - Year Round

An original recipe by Antonia Dudka, founder of Caramoomel Products.Combining the best White Belgian chocolate with a crisp Riesling wine made by Okanagan wine makers. It is wonderful for desserts, coffee, fruit. Hand-crafted bottle per bottle, we create this sauce by order. Made on our facility on our farm in Kelowna, BC. All our labels are family designed. This product is available in 200ml size bottles.

# Copeland Foods Ltd. - 604-946-7581

Contact:Vinay BahiaToll Free:604-946-7581Phone:604-946-7570Fax:604-946-7570Email:info@copelandfoods.comWebsite:Vinay Bahia

Address: 8 - 7550 River Road Delta, BC

Regions Supplied: Kootenay Lower mainland North coast Peace Thompson okanagan

# Company Notes:

Gourmet dinners, snacks, marinades and seasonings

# Products Available:

Soup Stock - Year Round

Meat Pies - Year Round Pepperoni and cheese meat pies

# edible gardens -

Contact: Michael Lonsdale Toll Free: Phone: Cell: Fax: Email: ediblefardens@shaw.ca Website: http://www.ediblegardens.net

Address: 45095 Ocean Park South Surrey, BC V4A 9L1

# Regions Supplied: Lower mainland Thompson okanagan Vancouver island

**Company Notes:** 

## **Products Available:**

#### Fruit Balsamics - Cranberry - Fall Winter

Only offered for the festive Thanksgiving and Christmas season..but worth the wait! Perfect for Christmas Salad Supreme..with walnuts, gorgonzola cheese, and rosemary roasted croutons. AVAILABLE Late September-December.

#### Fruit Balsamics - Blackberry or Raspberry - Year Round

Big bold Blackberries taste like nothing else. Now try it infused with our sweet balsamic layered on star fruit, melon and cantaloupe. I love it with a touch of soya sauce slipped on sweet red garden beets.

Sweet from the sunshine, fresh from the field, classic and perfect for every day use - Raspberry Balsamic makes butter lettuce with mandarins and shaved parmesan say summer, any day.

## Fruit Balsamics - Honey - Year Round

The sweetest of all our Balsamics. The Clover Honey infused in Balsamic creates a thick, rich dressing- a sensational start on spinach salad with oranges and almonds. Or a quick marinade for chicken or pork. Honey Balsamic our NEW balsamic creation.

## Fruit Balsamics - Pomegranate - Year Round

# Savory Balsamics - Apricot Chipotle - Year Round

Sun drenched apricots with chipotle peppers infused with aged Balsamic vinegar is great for a quick BBQ marinate. A perfect balance between heat and flavour! Our customers love this one with goats cheese and fresh salsa. Or a splash in a spicy Ceasar!

Savory Balsamics - Gingerfig - Year Round

Savory Balsamics - Roasted Garlic - Year Round

# Everland Natural Foods Inc. - 604-638-9255

Contact:Rajinder BaggaToll Free:604-638-9255Phone:604-638-9255Cell:604-530-8800Fax:604-530-8800Email:rajinder@everlandnaturalfoods.comWebsite:http://www.everlandnaturalfoods.com

Address: 7442 Fraser Park Drive Burnaby, BC V5J 5B9

# Regions Supplied: All of BC

# **Company Notes:**

Everland products mean: no irradiation, no preservatives, no additives, no colourings, no refined sugars, no genetically engineered ingredients, and nutritious foods for healthy and environmentally conscious consumers. By sourcing high quality organic and natural products, Everland ensures nothing extra needs to be added during processing. Based on current trends and research within the industry, the development of Everland Organic & Natural Products emphasizes quality, taste, health, fun, and convenience. In promoting a healthy life style, all Everland products are vegetarian and a majority are vegan. This means our food production processing facilities omit the use of all animal products, with the exception of honey. Due to concerns for the environment and quality, at Everland we strive to source the ingredients as locally as possible. Everland products are packaged in recycable glass and plastic while keeping the product-to-package ratio high. This not only reduces our carbon footprint but also keeps our foods fresh, healthy, and enjoyable.

## **Products Available:**

New World Natural Foods Brand Whole Grain Granolas and Muesli. -

Organic and kosher. Granola and muesli are the original wholesome, ready-to-eat breakfast cereals. Many are vegan and are sweetened without sugar, using natural sweeteners - or are unsweetened.

Everland Brand Coconut Oil - Year Round Organic and kosher.

## Everland Brand Multicultural Cooking and Dipping Sauces - Year Round

Organic, kosher; many sauces are vegan. The only brand that has such a wide range of certified 100% organic sauces. We use BC produce as much as possible.

Everland Brand Nut and Seed Butters - Year Round Organic, kosher, and vegan many are raw.

Sweetcane Brand Sweeteners, Liquid and Crystallized - Year Round Organic and kosher

# Taj Mahal Brand Chutneys and Curry Pastes - Year Round

Natural, organic, and kosher. We use BC produce as much as possible.

## Tomato Garden Salsas and Pasta Sauces - Year Round

Organic and kosher. The only brand of certified 100% organic salsa and pasta sauce that is manufactured in BC and in Canada. We

use BC produce as much as possible.

# Fieldgold Food Products - 877-835-1277

Contact: Anne Vos Toll Free: Phone: 877-835-1277 Cell: Fax: Email: info@fieldgoldfoods.com Website: http://www.fieldgoldfoods.com

Address: Box 27046RPO Willowpark Kelowna, BC V1X 7L7

## Regions Supplied: Kootenay Thompson okanagan

## **Company Notes:**

Fieldgold Gourmet Canadian mustards are produced with Western Canadian mustard seed purchased directly from the grower. They are produced by hand in our inspected kitchen in Kelowna.

No preservatives are used and the mustard is made in small batches of 60-70 jars that are each tested for quality control. All mustards have a grainy texture and sharp flavour which is the result of using fresh ingredients and minimal processing. Recipes have been developed by the original owner over a period of ten years. We are proud of the simple, flavourful goodness of our lovingly prepared products. Mustard is a natural preservative and has a long shelf life.

Below are listed our most popular varieties. Other Fieldgold Gourmet Canadian Mustards in addition to listings below include: Fieldgold Honey Garlic, Fieldgold Honey Mustard, Fieldgold Danish Mustard, Fieldgold Hot English Mustard and Fieldgold Dusseldorf Wine Mustard.

## **Products Available:**

## Fieldgold Garlic Dill Mustard - Year Round

Local garlic is used whenever possible in this popular mild mustard that is fantastic for use in dressings and with fish.

## Fieldgold Chili Garlic Mustard - Year Round

Prepared using Chinese Chili Garlic Sauce.

## Fieldgold Honey Lime Ginger Mustard Dipping Sauce - Year Round

Western Canadian honey purchased directly from the farmer is used in this mustard. A dipping sauce suitable for pretzels, chicken fingers or any meat finger food.

## Fieldgold Horseradish Mustard - Year Round

Western Canadian horseradish is harvested and processed by hand to produce this popular, snappin' hot variety.

## Fieldgold Okanagan Deli Mustard - Year Round

A sweet mustard based on the old English recipe, Tewkesbury, and named for the location of the company. A delightful take home for visitors to the Okanagan and anyone who enjoys a unique mustard.

#### Fieldgold Swedish Mustard - Year Round

A popular sweet and hot variety which is authentic to its Scandinavian roots.

# Fieldgold Wine Wholeseed Mustard and Fieldgold Dijon Mustard - Year Round

These mustards are produced using an aging process. Wine Wholeseed mustard is aged for 6-12 months to allow the wine flavours to infiltrate the whole seeds and for the whole seeds reach a distinctive crunchy texture.

# Food First Enterprises O/A Little Creek Dressing - 250-769-3932

Contact:Donna DenisonToll Free:250-769-3932Phone:250-769-1336Fax:250-769-1336Email:lcgarden@cnx.netWebsite:http://www.littlecreekgardens.com

Address: 3545 Westside Road N. Kelowna, BC V1Z 3W8

## **Regions Supplied:** All of BC

## **Company Notes:**

Little Creek Dressing is a homemade artisan dressing/sauce/marinade that I developed in 1995 as a "value-added― product to complement the organic gourmet salad greens which are grown on our certified organic farm, Little Creek Gardens.

The delicious & unique tasting Original, tantalizing Spicy Strawberry and delightful Cherry Balsamic Dressings are produced on site in our commercial kitchen on our farm located on the West shores of Okanagan Lake near Kelowna, BC. Each recipe was created by myself, Donna Denison, and includes fresh and natural ingredients as well as some organic products.

All of the vinegars used in the dressings are made at Little Creek using my own formulas. The dressing labels include my drawing depicting the dawn touching the mountains and lake in our beautiful Okanagan Valley. This important element of my packaging shares with the consumer a feeling of the pristine beauty of this very special place, Little Creek.

## **Products Available:**

Little Creek Dressings - Year Round

Original, Spicy Strawberry, Cherry Balsamic available in cases - 12/cs - size 295 ml. Original available in 750 ml 12/cs. 3 Flavour gift packages of 295 ml bottles also available. All flavours are available in food service, 5 litre jugs.

# Forest to Fork - 250-732-2063

Contact: Brenda Cadieux Toll Free: Phone: 250-732-2063 Cell: Fax: Email: info@foresttofork.com Website: http://www.foresttofork.com

## Address:

Unit 113 - 1175 Rosehill Road Kamloops, BC V2E 1G9

# **Regions Supplied:** All of BC

## **Company Notes:**

All mushrooms collected in the prestine forests of BC. Recipes developed and created since 1989 and hand made. Please see our website for more information.

## **Products Available:**

#### Dried Wild Mushrooms - Year Round

22 varieties (ie, Chanterelle, Morel, Lobster, Pine, Boletus). Sold in packages and loose quantities. Packages contain dried herbs added to mushroom base.

## Preserved Mushroooms - Year Round

Preserved mushrooms in oil and wine vinegar, all laboratory tested. They come in jar and boxed sets.

# Wild Morel Mushroom Bisques, Soups and Sauces - Year Round

Can specify product for consumption.

## Wild Mushroom Marinade Vinegrette - Year Round

## Wild Mushroom Pate - Year Round

Dariay based, dried with instructions on the back, ready to use or in dried form. Pate can be specified with 22 different varieties of mushrooms.

# Fresh Flavours Homemade Food Products - 250-375-2597

Contact:Samantha TurnerToll Free:250-375-2597Phone:250-375-2597Cell:Fax:Fax:fresh\_flavours@hotmail.comWebsite:Fax:

## Address:

Box 87 Westwold, BC V0E 3B0

Regions Supplied: Lower mainland Thompson okanagan

## **Company Notes:**

Fresh Flavours prepares its award-winning preserves in small batches using quality BC-grown fruits and vegetables harvested in season to ensure freshness and flavour.

# **Products Available:**

Sweet Asparagus Pickles - Year Round Available in small batches only.

Caesar Asparagus - Year Round Spicy Pickled Asparagus using asparagus grown in Armstrong, BC. 500 ml and 750 ml sizes.

Dill Pickles - Year Round BC grown cukes, dill, garlic and peppers. 750 ml.

Dilly Beans - Year Round BC grown beans, dill, garlic and peppers. 500 ml.

Fruit Chutneys - Year Round Peach Chutney, Blueberry Chutney, Rhubarb Chutney, and Cherry Chutney, available in small batches only.

Fruit Jams - See below for list of Fruit Jams - Year Round Apricot Jam, Blueberry Jam, Raspberry Jam, Strawberry Jam. All made with BC fruit. 270 ml, 500 ml and 750 ml size jars.

Savoury Jellies - See below for list of savoury Jellies - Year Round Garlic Jelly, Pepper Jelly, Raspberry Wine Jelly, Purple Basil Jelly. All made with BC-grown fruits and vegetables. 125 ml and 270 ml sizes.

Sweet Pickled Peppers - Year Round Available in small batches only.

# Glenlochar Kitchens - 604-317-8933

Contact:Georgina SonmorToll Free:604-317-8933Phone:604-317-8933Cell:778-574-5853Fax:778-574-5853Email:sonmor@gmail.comWebsite:http://www.glenlocharsoups.com

Address:

Hillcrest Village RPO, Box 36033 Surrey, BC V3S 7Y5

# Regions Supplied: All of BC

# **Company Notes:**

Glenlochar Kitchens is a manufacturer and distributor of healthy and convenient dry soups, chili's, rice dishes and casseroles with no added MSG or Trans Fats.

# **Products Available:**

Lentil - Year Round Our dry Lentil

# Country Vegetable Chowder Soup Mix - 150g - Year Round

Our dry Chowder Soup Mix provides a base to make corn, potato, celery, carrot, mushroom or even clam chowder. You only have to add milk and the veggie of your choice, (and the clams if you want a clam chowder). It has dried veggies, and the seasoning/thickener package. It makes 10 cups of soup. Country Vegetable Chowder has a preparation time of approximately 5 minutes (depending how creative you are) and a cooking time of approximately 20 - 25 minutes. The Country Chowder works great with non-fat milk. Freeze the leftovers for some great meals later.

# Beef - Year Round

Our dry Beef and Barley Soup Mix is a hands down winner! This simple to make soup mix will satisfy most any appetite. Our Beef and Barley soup mix contains barley, dehydrated veggies, and our special seasoning mix which gives it a rich beefy taste. All that needs to be added is the beef

# Black Bean Soup and Chili Mix - 250g - Year Round

Our dry Black Bean Chili Mix gives a new twist on traditional chili and livens things up. Our Black Bean Chili Mix contains pre-soaked black beans, seasoning, and dehydrated vegetables. This is a very versatile box of possibilities and can be made as a soup, chili, or a wonderful dip(Check out the recipe section of our web page for the recipes). The Black Bean Chili Mix is very low in fat, a very high source of fibre (7 g per serving), low in sodium, a good source of vitamin C, a good source of iron and cholesterol free. Freeze your cooked soup, chili or dip for another day.

# Dill Pea Soup Mix - 350g - Year Round

Our dry Dill Pea Soup Mix contains lentils, yellow

## Minestrone Soup Mix - 150g - Year Round

Our Minestrone Soup Base contains Italian spices, veggies, and orzo pasta to make a 10 cup pot of soup. You just add tomato juice or canned tomatoes, pre-cooked beans or lentils of your choice and, perhaps Italian sausage to jazz it up. This product takes approximately 5 minutes to prepare and a 1/2 hour to cook.

## Spanish Bean - Year Round Our dry Spanish Bean

# Stonehouse Soup Mix - 400g - Year Round

Our dry Stonehouse Soup Mix is a healthy, hearty medley of lentils, navy beans, kidney beans, pinto beans, green and yellow split peas, along with our special spice pack and dehydrated vegetables. Our Stonehouse Soup Mix makes up 10-12 cups of a traditional ham

## Texas Tortilla Soup Mix - 300g - Year Round

Our dry Texas Tortilla Soup Mix is a great opening act for a barbecue, or your Mexican inspired meals or a meal in itself. Our Texas Tortilla Soup Mix contains pre-soaked red Mexican style beans, mildly spicy Tex-Mex seasoning

# Kootenay Kitchen - 250-447-9263

Contact: Ron Liddle or Diana Carr Toll Free: Phone: 250-447-9263 Cell: Fax: 250-447-9263 Email: info@organicgourmet.ca Website: http://www.organicgourmet.ca

Address: 2065 Haaglund Road Christina Lake, BC V0H 1E3

## **Regions Supplied:** All of BC

## **Company Notes:**

Family-run, home-based, artisan specialty food producers. We are committed to certified organic principles. Our passion is producing food that is both delicious and nutritious.

## **Products Available:**

#### Vege Pata Jalapeno - Year Round

Sold retail in 190 g vacuum packed units, but available in larger quatities for food service needs. 84% certified organic; certifed VEGAN; using extra virgin olive oil. We process small batches by hand, in our artisan-sized commercial kitchen; using organically grown ingredients, with sources as close to home as possible. Jalapeno and habanero peppers are added for a sparkling twist to conventional flavoured pate. Though VEGAN, our pate is loved by carnivores! All original recipes.

## Goma - Fall Spring Summer Winter Year Round

Same recipe as the Sea Vegetable Gomashio, except with no sea salt in the recipe. This savoury sprinkle is good on all the foods listed above, and since it is not salted, it is also great on desserts like ice cream and puddings. Original recipe.

## Sea Vegetable Gomashio - Fall Spring Summer Winter Year Round

Less sea salt, with the addition of kelp and dulse and a splash of tamari. Get the added nutrition of the sea veggies and less salt for those wishing to reduce salt in their diet. Original recipe. All our gomashios are certified by PACS #16-243.

## Traditional Gomashio - Year Round

Taditional Gomashio sold retail in 170 g units. A also available in 1 kg bags for food service needs. A time-honoured Japanese condiment, Gomashio is roasted and ground sesame seed. 100% certified organic, certified VEGAN. Sprinkle on rice/grains, potatoes, popcorn, corn on the cob, salads, subs, soups, in salad dressings.

## Vege Pate Curry - Fall Spring Summer Winter Year Round

Pate with a wonderful curry flavour, but with no heat. Our pate can be eaten as a sandwich spread. Several coffee shops use it as a quick vegetarian menu option, in a bunwich, or used as a VEGAN filling for sausage rolls with puff pastry, or simply served with crackers as an appy.

## Vege Pate Herb - Year Round

Sold retail in 190 g vacuum-packed units, but availabe in larger quatities for food service needs. 84% certified organic; certified VEGAN. Made with extra virgin olive oil. We process small batches by hand, in our artisan-sized commercial kitchen; using organically grown ingredients with sources as close to home as possible.

# Lark Farms Inc. dba Okanagan Lavender - 250-764-7795

Contact:Andrea McFaddenToll Free:250-764-7795Phone:250-764-7795Cell:250-764-7795Fax:250-764-7795Email:Okanagan\_Lavender@telus.netWebsite:http://www.okanaganlavender.com

## Address:

4380 Takla Road Kelowna, BC V1W 3C4

## Regions Supplied: Thompson okanagan

## **Company Notes:**

Okanagan Lavender is a vertically integrated farm. We grow, harvest, process, manufacture and market all of our products  $\hat{a} \in$  "about 24 in total. We have created many bath, culinary and home products using essential oils and the dried buds of the lavender plant. We use only natural ingredients; no additives, fillers, colourants or preservatives. Everything is made in small batches and often made fresh each week - we aspire to demonstrate our attention to detail in the quality of our products.

## **Products Available:**

## 4 Spice Blends Box Sets - Year Round

Set of 4 spice blends with a full colour fold-out recipe folder, packaged in a 6-inch square acetate box. This boxed set includes small sample tins of our culinary provence lavender, house blend of Herbes de Provence, spiced sea salt and lavender berry sugar. The recipe folder was designed by local photographer, Glen Durrell, and includes recipes to use with each of our blends.

## Culinary Provence Lavender - Year Round

Grown at our farm, completely managed by hand, including weeding, harvesting, stripping and packaging. Packaged in 30 g aluminum tins with labels designed by local photographer, Glen Durrell.

## House Blend of Herbes de Provence - Year Round

Including lavender. A unique savory blend of herbs, delicious in stews, soups, lentil dishes, breads and potatoes. Packaged in 35 g aluminum tins with labels designed by local photographer, Glen Durrell.

## Lavender Jelly - Year Round

Hand made in small batches at our farm in the Okanagan. May be used as a glaze on salmon and lamb. Delicious served with strong, soft cheeses such as a French camembert. This jelly recipe took me four years to perfect and the recipe was tested and increased for me at the Summerland Research Station. Our lavender is completely spray-free, but not certified organic. It is available in 125 ml, 190 ml glass jars and 2 L plastic buckets for restaurants.

## Spiced Organic Sea Salt - Year Round

Coarse Grade - with our house blend of Herbes de Provence. This salt blend adds wonderful flavour to grilled meats and vegetables. May also be placed into a salt grinder for a finer grade. Packaged in 400 g aluminum tins with labels designed by local photographer, Glen Durrell.

# Lone Willow Enterprises Limited - 604 946-1803

Contact:Ric or Shelagh StaceyToll Free:866-946-1803Phone:604 946-1803Cell:Fax:Fax:604 946-1873Email:info@winejelly.caWebsite:http://www.winejelly.ca

## Address:

4559 River Road West Ladner, BC V4K 1R9

# **Regions Supplied:** All of BC

# **Company Notes:**

Lone Willow is a home-based business producing wine-based jellies and syrups. We produce our entire product from wine, to jelly or syrup, to labeling and final packaging.

## **Products Available:**

## Wine-Based Syrups - Year Round

We produce 150 ml sized bottles and some 300 ml bottles. Our products are sold separately and in attractive gift boxes. We presently produce Raspberry, Strawberry and Mead Wine syrups.

## Wine-Based Jelly - Year Round

We produce in small batches in sizes of 45, 125, and 190 ml jars. Our products are sold separately and in attractive gift boxes. We presently produce Cabernet Sauvignon, Chardonnay,  $Ros\tilde{A}$ , Tayberry, Saskatoon Berry, Port, Plum Madiera, Iced Merlot and Iced Chardonnay.

# Mad About Food Inc. - 604-736-2510

Contact:Allyson NelsonToll Free:604-736-2510Phone:604-685-6775Fax:604-685-6775Email:allyson@madaboutfood.netWebsite:http://www.mafwholesale.com

## Address:

1632 West 3rd Avenue Vancouver, BC V6J 1K2

# Regions Supplied: All of BC

# **Company Notes:**

Jules and Kent specialty food brand available in cases of 12 for retail sale. Suitable for specialty food stores, gift stores, winery gift shops and grocery with specialty food departments.

Undercurrents specialty food brand available in cases of 12 for retail sales. Suitable for specialty food stores, gift stores, winery gift shops and grocery with specialty food departments.

# **Products Available:**

## Undercurrents Specialty Food Brand - Year Round

Including Swell Honey (BC Coastal Honey) Valley Girl Honey (BC Interior Honey). Nutty Hazel Honey (Honey poured over organic hazelnuts) and Vegetarian Antipasto. Available in cases of 12 for retail sales. Product info available at www.mafwholesale.com

## Jules - Year Round

Including Vegetarian Antipasto (2 sizes) Cranberry Cherry Citrus Sauce, Tomato Chutney, Blueberry Pear Sauce, Cranberry Beet Sauce, Caramelized Onions, Savory Bell Pepper Jelly, Smoked Gold Pepper Jelly. Available in 12 for retail sales. All produced in small batches in a commercial plant. Product info available at www.mafwholesale.com

# Maple Leaf Spices - 250-769-5325

Contact:Dee MoleToll Free:250-769-5325Phone:250-769-5314Fax:250-769-5314Email:mapleleafspices@shaw.caWebsite:http://www.mapleleafspices.com

Address: 2064 Horizon Drive

Kelowna, BC V1Z 3H4

Regions Supplied: Thompson okanagan

# **Company Notes:**

All of our products are natural, No MSG, Gluten Free, No fillers.

# **Products Available:**

Cheeseballs 3 different flavours - Year Round Please view website.

Grinder Blends 12 different flavours - Year Round

Please view website

Nice - Year Round Please view website

Specialty Dips 8 different types - Year Round Please view website.

Spice Rubs 7 different flavours - Year Round Please view website

Traditional Spices 18 different types - Year Round Please view website.

# Mrs. Palmer's Pantry Inc. - 250-426-1151

Contact:Brenda PalmerToll Free:250-426-1151Phone:250-426-8230Fax:250-426-8230Email:mrspalmerspantry@shaw.caWebsite:http://www.mrspalmerspantry.ca

## Address:

236 Slater Road Cranbrook, BC V1C 5C8

# **Regions Supplied:** All of BC

## **Company Notes:**

All of our products are made from Mrs. Palmer's own recipes, so they are unique. Each one is made in small batches to ensure the highest possible quality, using only the freshest ingredients. Each product is made with all natural ingredients.

## **Products Available:**

Compote with Huckleberries and Brandy - Year Round Made with handpicked wild huckleberries.

## Antipasto - Year Round

We use only fresh vegetables, nothing frozen, from an original recipe, prepared in small batches to ensure highest possible quality. Available in 2 ltr or 4 ltr pails for foodservice. Available for retail in 500, 250, and 290 ml jars.

## Apricot Ginger Grillin' Sauce - Year Round

Mrs. Palmer's own creation; therefore, very unique. Available in 2 ltr and 4 ltr pails; 250 ml and 190 ml jars.

#### Fruit Salsa - Year Round

Fabulous with salmon, tuna or halibut, pork, and chicken. Great with cheese or in a fajita. Chunky, hot, sweet. All natural ingredients. Available in 2 ltr and 4 ltr pails for foodservice; 500 ml and 190 ml jars.

## Hot and Spicy Vegetarian Antipasto - Year Round

Available in 2 ltr and 4 ltr pails for foodservice, available in jars for retail. All of our products are hand made, using only fresh ingredients, made in small batches to ensure highest possible quality.

#### Hot Pepper Jellies - Year Round

Available in the following flavours: Hot Peach and Pepper; Jalapeno Jelly, Cranberry Habanero Jelly. Available in 2 ltr and 4 ltr pails for foodservice. Also available in 250 ml and 190 ml jars for retail.

#### Huckleberry Jam - Year Round

Made with handpicked wild BC huckleberries.

#### Kootenay Spread - Year Round

Made with things that grow in the Kootenays: peaches, applies, raspberries, and handpicked wild huckleberries.

## Oven Baked Pita Chips - Year Round

Available in these flavours: Original, Sea Salt and Vinegar, Parmesan Garlic, and Cinnamon. Available in 5 lb box for foodservice, 180 gm bag for retail. Unique creation; therefore, a unique process. All natural ingredients; oven baked, not fried. Zero transfats.

#### Roasted Garlic - Year Round

Another of Mrs. Palmer's creations. Wonderful on meat or cheese, in a sandwich or as a dip. Available in 2 ltr and 4 ltr pails; 250 ml and 190 ml jars.

# Que Pasa Mexican Foods - 604-241-8175

Contact:Joe ZallenToll Free:604-241-8175Phone:604-241-7385Fax:604-241-7385Email:info@quepasafoods.comWebsite:http://www.quepasafoods.com

Address:

12031 No. 5 Road Richmond, BC V7A 4E9

# Regions Supplied: All of BC

# **Company Notes:**

Established in 1983, Que Pasa Mexican Foods is dedicated to manufacturing and distributing Mexican and other Latin American foods using ingredients of the highest quality and incorporating a manufacturing process that provides healthy and nutritional products to our customers.

# **Products Available:**

Mexican Style Salsas - Year Round Certified Organic Mexican Style Salsas, WSDA #22841.

Corn Tortilla Chips - Year Round Certified Organic Corn Tortilla Chips, WSDA #2284.

Corn Tortillas - Year Round Certified Organic Corn Tortillas, WSDA #22841.

# Robertson Estate - 250-423-0572

Contact:Patrick RobertsonToll Free:250-423-0572Phone:250-423-0572Cell:Fax:Fax:pat@robertsonestate.comWebsite:http://www.robertsonestate.com

## Address:

P.O. Box 946 1192 12th Avenue Fernie, BC V0B 1M0

Regions Supplied: All of BC

# **Company Notes:**

## **Products Available:**

## Cabernet Sauvignon Red Wine Vinegar - Year Round

Cabernet Sauvignon Red Wine vinegar made in the traditional Orleans method. Using high quality carbernet sauvignon grape juice we create the wine without any additives. The wine is then transferred to French Oak barrels where the wine is converted to vinegar over a 3 month period. The vinegar is further aged in oak for an additional 3 months then bottled into 200ml retail and 750ml food service bottles. Creating vinegar in the slow process of the Orleans method retains the flavour and body of the wine making a savoury vinegar that is delicious in dressings, marinades, reductions, and deglacing. No additives are used in the entire process.

# Shady Glen Enterprises Ltd. - 604 982 0601

Contact:Wanda DixonToll Free:604 982 0601Phone:604 982 0602Fax:604 982 0602Email:shadyglenenterprises@shaw.caWebsite:http://www.loveberries.com

## Address:

4212 Rockridge Crescent West Vancouver, BC V7W 1B1

# Regions Supplied: Lower mainland Thompson okanagan Vancouver island

# **Company Notes:**

Shady Glen Enterprises - makers of fine fruit vinegars of the Pacific Northwest

# **Products Available:**

# AH! BUT A BING Cherry Vinegar - Year Round

Product is made from fresh fruit in season, and outstanding results are achieved by a slow fermentation and aging process. Food Service is available in 2 X 4 L (just listed with Neptune Food Service).

# BAM! Blackberry Vinegar - Year Round

Product is made from fresh fruit in season and outstanding results are achieved by a slow fermentation and aging process. Food Service is available in 2 X 4 L (just listed with Neptune Food Service).

## RUSH Raspberry Vinegar - Year Round

Product is made from fresh fruit in season, and outstanding results are achieved by a slow fermentation and aging process. Food Service is available in 2 X 4 L (just listed with Neptune Food Service).

# Spice Sanctuary - T1W 3L4

Contact:Trusha PatelToll Free:403 3893743Phone:T1W 3L4Cell:403 389 3743Fax:403 389 3743Email:website:info@spicesanctuary.com

Address: Spice Sanctuary 107 Riva Court, Canmore Alberta

Regions Supplied: All of ALBERTA All of BC All of MANITOBA All of BRUNSWICK All of TERRITORIES A

**Company Notes:** http://www.spicesanctuary.com

**Products Available:** 

# The Granola King - V7P3H1

Contact:James SherstToll Free:VPhone:V7P3H1Cell:604-990-4848Email:greatservice@thegranolaking.com

Address: The Granola King 107 Bowser Avenue, North Vancouver British Columbia

Regions Supplied: All of ALBERTA All of BC All of MANITOBA All of BRUNSWICK All of TERRITORIES A

**Company Notes:** http://www.thegranolaking.com

**Products Available:** 

# The Vinegar Works at Valentine Farm - 250-494-7300

Contact:B. Kim StansfieldToll Free:250-494-7300Cell:250-494-7399Fax:250-494-7399Email:veggies@valentinefarm.comWebsite:http://www.valentinefarm.com

Address: 10216 Gould Avenue Summerland, BC V0H 1Z8

Regions Supplied: Thompson okanagan

# **Company Notes:**

We produce high-quality artisan food products that are organically grown and processed. We rely on ecologically-based practices such as biological and cultural pest management and the conservation of non-renewable resources. Our products are handcrafted using Old World techniques in limited runs.

## **Products Available:**

Certified Organic Coronation Grapes - Summer 1 ton available.

## Certified Organic Gewurztraminer White Wine Vinegar - Year Round

200 ml organically grown and organically processed, handcrafted using Old World techniques in limited runs. Beautiful packaging available.

## Certified Organic Raspberries - Summer

1 acre available.

## Fruit Infused Vinegars - Year Round

Apricot, plum, raspberry, and elderberry are available, but quantities are not as great. Please call for availability.

# Wineland Dressings - 250-496-5345

Contact: Peter Young Toll Free: Phone: 250-496-5345 Cell: Fax: Email: pdsy@shaw.ca Website: http://www.wineland.ca

## Address:

PO Box 196 Naramata, BC V0H 1N0

# Regions Supplied: Bulkley nechako Cariboo Peace Thompson okanagan

# **Company Notes:**

Wineland Dressings was founded in 2000 by Peter and Valencia Young, when Peter, who was Executive Chef at Hillside Estate Winery in Penticton, was being constantly asked by restaurant clientele if they could buy the salad dressings served in the Barrel Room Bistro. Its location at a winery meant there was easy access to bottles, corks, labels, etc. There is also a tasting room and wine shop, a natural outlet for products. A small trial batch of Roast Garlic Balsamic Vinaigrette was produced and bottled, which very quickly sold out. Wineland Dressings was born, and we soon added the Raspberry and Black Pepper Vinaigrette. Our salad dressings are hand made in small batches from the finest available ingredients, locally-sourced where possible, and to the highest standards. All of our products are gluten free and contain no artificial thickeners, stabilizers or preservatives.

## **Products Available:**

## Peach Chutney - Year Round

Made from Okanagan Peaches. Great with Chicken, Seafood or Pork. Moderately spicy it goes well with curries and samosas a nice change from the usual mango. Also really nice with cheese, try it on a baked brie.available in 275ml jars 12 to a case.

## Blueberry Vinaigrette - Year Round

The antioxidant properties of blueberries with lemon juice and white wine vinegar make this dressing a delight for summer salads of spinach or mesclun greens. Also nice with composed salads like Fennel and Orange. Made with Fraser Valley Blueberries in small batches to my own original recipe. Gluten Free and suitable for diabetics. Available in 375ml bottles 12 to a case or food service 4litre jug

## Cherry Chutney - Year Round

Made from Okanagan Cherries with roasted garlic and fresh shallots, this medium spicy chutney is great with curries

# Cilantro - Year Round

A refreshing zingy vinaigrette for salads, an excellent marinade for chicken, seafood or pork and delightful with steamed fresh vegetables such as asparagus, green beans or carrots. Made with fresh locally grown Cilantro in small batches to my original recipe.Gluten Free and suitable for diabetics.Available in 375ml bottles 12 to a case or food service 4 litre jug.

# Raspberry - Year Round

Great with Spinach Salad, Mixed Greens, Seafood Salads. Very different from most commercially available Raspberry Dressings because it is not sweet.Produced from Fraser Valley raspberries in small batches to my original recipe.Gluten Free and suitable for diabetics.Available in 375ml bottles 12 to a case or food service 4 litre jug.

## Roast Garlic Balsamic Vinaigrette - Year Round

The nutty mellowness of roasted garlic with the sharp acidity of Balsamic Vinegar make this a highly versatile dressing. Great on salads but also as a marinade for all sorts of meats, seafood and vegetables, as a party dip, or on pasta,rice or potatoes.Produced in small batches to my original recipe. Gluten free and suitable for diabetics.Available in 375ml bottles 12 to a case, or food service 4 litre jug.

# Yatu Inc - T3K 1N3

Contact:Habiba OmerToll Free:403-918-3939Phone:T3K 1N3Cell:403-918-3939Fax:403-918-3939Email:info@yatuspices.com

Address:

Yatu Inc 19 Beddington Cres. NE, Calgary AB

Regions Supplied: All of ALBERTA All of BC All of MANITOBA All of BRUNSWICK All of LABRADOR All

**Company Notes:** http://yatuspices.com

**Products Available:**